

agpa 2021 A VIRTUAL EXPERIENCE

CONNECT

THE POWER OF GROUPS IN A CHALLENGING WORLD

Two-Day Institute:
Saturday-Sunday,
February 13-14

Special Institute:
Friday, February 19

Three-Day Conference:
Thursday-Saturday
February 25-27



AGPA Connect 2021 will be held virtually and will provide participants from diverse clinical disciplines the opportunity to advance their knowledge, skills, and training in group psychotherapy and related fields. The AGPA Connect virtual experience includes the development of new clinical approaches, refinement of therapeutic methods, exchange of clinical and empirical knowledge with colleagues, exposure to current research and theory, and the opportunity to participate in a multidisciplinary peer support network.

AGPA Connect is divided into three sections: the **Two-Day Institute (Saturday-Sunday, February 13-14)** devoted to small group teaching primarily in the experiential mode, the **One-Day Special Institute (Friday, February 19)** taught by prominent clinicians, and the **Three-Day Conference (Thursday-Saturday, February 25-27)** which offers a variety of formats, including limited registration workshops as well as open session panels on special topics and original scientific paper sessions.

Who Should Attend?

Mental health professionals who have an interest in and/or currently work with groups who wish to be kept abreast of new developments and to expand the scope of their clinical practices.

Why Should You Attend?

- World-renowned faculty are available to instruct, challenge, and inspire you.
- Earn over 35 continuing education credits in your affiliated discipline.
- Learn valuable, proven strategies, and clinical techniques that can be used immediately.
- Access a full menu of diversified offerings designed to sharpen your knowledge and skills.
- Take advantage of time away from the day-to-day pressures of work. You'll return refreshed, stimulated, and rejuvenated — and ready for new challenges ahead.
- Create cherished memories while strengthening your professional expertise.

What You Will Learn!

After participating, attendees will be able to:

1. Identify, review, and integrate basic group dynamic concepts into their group practice;
2. Compare the theoretical underpinnings of various schools of group therapy;
3. Conduct groups in a variety of settings with a broad range of populations;
4. Apply evidenced-based practices as they relate to group therapy.

How to Register!

An online registration form is available on the AGPA website, agpa.org. You may also register by mail, fax, phone, and email. To mail: complete the registration form on the back cover, and mail it along with your payment to AGPA c/o Chase Manhattan Bank, Church Street Station, P.O. Box 6359, New York, NY 10249-6359. Fax your form including credit card information to 212-979-6627. Phone registration is available by calling toll-free 877-668-AGPA (2472) or 212-477-2677. You may also email us at registration@agpa.org.

We are excited to welcome you to the virtual AGPA Connect 2021, "The Power of Groups in a Challenging World." Little did we know when the theme of this meeting was determined, in the fall of 2019, just how challenging this year would be. But as we know, growth can come from challenges in our groups, and we are excited about the ways in which we are growing as an organization and all that we have to offer in this dynamic new format this year.

You will be amazed at how much you will find yourself connecting with each other and the educational offerings over the weeks of programming—even in this virtual format. Certainly, much is different, from the dates of the conference to the ways we will meet each other...but much will be the same. As you peruse the program, you will see a great depth and breadth of educational and experiential Institutes, Workshops, Open Sessions and Plenaries, as well as numerous opportunities to socialize with each other. We have continued to intensify our focus on topics of social justice and diversity, even before the very personal learning we have recently encountered with systemic racism. We trust that you will be nourished, both personally and professionally, through your experience in the meeting.

The AGPA Staff has done an incredible job of researching, selecting, and learning to use the sophisticated platform that will allow us to offer this rich virtual experience. There will be considerable help in figuring out all that there is to do and how to access different features, and we will be sending updates about that. This will include great resources for technological help. Please be sure to read the emails you receive to stay on top of it all. And, as always, if you need help figuring out how to navigate the many meeting options, check out the FAQ section of the AGPA website.

We call our meeting AGPA Connect because being a part of AGPA is also about the connections we experience. As we write this letter we are formulating ways to ensure this aspect of Connect will be an integral part of your Connect experience. There will be events for First-Time Attendees, New Members and New CGPs. Special Interest Groups (SIGs) are also a great way to meet others with similar interests, and we will be posting those opportunities. And keep checking your emails for information of the unfolding ways we will make this happen.

Many of us have been sustained for years through the connections we have made at AGPA Connect and we're not going to let a pandemic get in our way!

Moelyn Leszcz, MD, FRCPC, CGP, DFAGPA
AGPA President



Leszcz



Steele



Stone

Katie Steele, PhD, CGP, FAGPA
D. Thomas Stone, Jr., PhD, ABPP, CGP, FAGPA
AGPA Connect Co-Chairs

What to look for inside... We have an exciting line-up of speaker presentations:

Institute Plenary

- ◆ **Alexis Abernethy, PhD, CGP, FAGPA** will present the Opening Institute Plenary Address entitled, "Finding Home in an Unprecedented and Online World."

Two Special Institute Presentations

- ◆ **Aaron Black, PhD, CGP, FAGPA** will present "Treating Insecure Attachment in Group Psychotherapy."
- ◆ **Zindel Segal, PhD** will present "Mindfulness Based Cognitive Therapy: Distinct and Overlapping Elements of Group Delivery of Mindfulness Meditation."

Conference Plenaries

- ◆ **Bruce Perry, PhD** will be the Conference Opening Plenary Speaker; his presentation is entitled, "A Relational Approach to Working with Maltreated Children.."
- ◆ The Mitchell Hochberg Memorial Public Education Event entitled, "Incarcerated Truths: Finding Unexpected Hope and Connection" will be presented by **Elizabeth Ford, MD**.
- ◆ **Thema Bryant-Davis, PhD** will deliver the Anne and Ramon Alonso Plenary Address entitled, "Group Healing to Address the Wounds of Racial Trauma."
- ◆ The Louis R. Ormont Lecture will be presented by **J. Scott Rutan, PhD, CGP-R, DFAGPA**. It is entitled, "Interesting Times: Lessons from Human History."

Networking and just for fun, at lunch and at the end of each day there is a time to get to know each other personally at our SIG meetings and social hours. You also won't want to miss one of the meeting's highlights hosted

by the Group Foundation for Advancing Mental Health: the Friday night dance party.

Attendance is Affordable...

New Member Discount. If you are not currently an AGPA member and join at the time of registration, you will save more than the difference between the member and non-member registration fee. A membership application is on page 15 of this program. We hope you will join us as a member.

Students, Residents, Early Career Professionals, Retirees, and Clinicians and Chaplains working with Active Duty Military and Veterans Discount. These populations are offered a 35% discount.

Agency/Institutional Multi-Person Registration Discount. A special discount is available to individuals from the same agency/institution. The first registration is at the full rate with additional registrations from the same agency at a 35% discount. Registration forms must be forwarded together and accompanied by a listing of the names of registrants on agency letterhead stating personnel are full-time or part-time employees whose sole source of income is from the agency. The letter should also verify the agency or institution as a non-profit. (Other discounts are not applicable when using an agency/institutional discount.)

AGPA Connect Scholarships are also being offered by the Group Foundation for Advancing Mental Health. Details on Awards and Scholarships for attendees as well as application information can be found on our website.

Please consider a donation to the Scholarship Fund to support the scholarship program; you can include a gift on the website or on the registration form found on the last page of this program.

Program Overview: All times below are Eastern time

Two -Day Institutes		One -Day Special Institute	Three Day Conference		
Saturday February 13	Sunday February 14	Friday February 19	Thursday February 25	Friday February 26	Saturday February 27
9:30–10:15 AM INSTITUTE OPENING PLENARY “Finding Home in an Unprecedented and Online World” Alexis Abernethy			9:45–10:45 AM CONFERENCE OPENING PLENARY ADDRESS “A Relational Approach to Working with Maltreated Children” Bruce Perry	9:45–10:45 AM MITCHELL HOCHBERG MEMORIAL PUBLIC EDUCATION EVENT “Incarcerated Truths: Finding Unexpected Hope and Connection” Elizabeth Ford	9:45–10:45 AM ANNE & RAMON ALONSO PLENARY ADDRESS “Group Healing to Address the Wounds of Racial Trauma” Thema Bryant-Davis
10:30 AM–1:30 PM Process Group Experience Sections & Specific Interest Sections	10:30 AM–1:30 PM Process Group Experience Sections & Specific Interest Sections	10:30 AM–1:30 PM SPECIAL INSTITUTE PRESENTATIONS: “Treating Insecure Attachment in Group Psychotherapy” Aaron Black OR “Mindfulness-Based Cognitive Therapy: Distinct and Overlapping Elements of Group Delivery of Mindfulness Meditation” Zindel Segal	11:00 AM–12:30 PM 90-Minute Workshops & 90-Minute Open Sessions 11:00 AM–1:30 PM 2 ½ Hour Workshops & 2 ½ Hour Open Sessions	11:00 AM–12:30 PM 90-Minute Workshops & 90-Minute Open Sessions 11:00 AM–1:30 PM 2 ½ Hour Workshops & 2 ½ Hour Open Sessions	11:00 AM–12:30 PM 90-Minute Workshops & 90-Minute Open Sessions 11:00 AM–1:30 PM 2 ½ Hour Workshops & 2 ½ Hour Open Sessions LOU ORMONT LECTURE: “Interesting Times: Lessons from Human History” Scott Rutan
1:30–3:00 PM Lunch Break	1:30–3:00 PM Lunch Break	1:30–3:30 PM Lunch Break	1:30–2:45 PM Lunch Break 1:40 - 2:40 PM SIG Meetings	1:30–2:45 PM Lunch Break 1:40 - 2:40 PM SIG Meetings	1:30–2:45 PM Lunch Break 1:40 - 2:40 PM SIG Meetings
3:00-6:00 PM Process Group Experience Sections & Specific Interest Sections	3:00-6:00 PM Process Group Experience Sections & Specific Interest Section	3:00-6:30 PM SPECIAL INSTITUTES Continue	2:45–4:15 PM 90-Minute Workshops & 90-Minute Open Sessions 2:45–5:15 PM 2 ½ Hour Workshops & 2 ½ Hour Open Sessions	2:45–4:15 PM 90-Minute Workshops & 90-Minute Open Sessions 2:45–5:15 PM 2 ½ Hour Workshops & 2 ½ Hour Open Sessions	2:45–4:15 PM 90-Minute Workshops & 90-Minute Open Sessions 2:45–5:15 PM 2 ½ Hour Workshops & Large Group from a Systems-Centered Framework
6:15–7:00 PM Social Activities <i>To be Announced</i> 6:15–7:15PM 12-Step Recovery Meeting	6:15–7:00 PM Institute Participant Evaluation Meeting	6:45–7:30 PM Social Activities <i>To be Announced</i> 6:45–7:45 PM 12-Step Recovery Meeting	5:30–6:45 PM Large Group from a Systems-Centered Framework	5:30–6:45 PM Large Group from a Systems-Centered Framework	5:30–6:15 PM Conference Participant Evaluation Meeting
	7:15–8:00 PM Social Activities <i>To be Announced</i> 7:15–8:15 PM 12-Step Recovery Meeting		7:00–7:45 PM Social Activities <i>To be Announced</i> 7:00–8:00 PM SIG Meetings 12-Step Recovery Meeting	7:00–8:00 PM SIG Meetings 12-Step Recovery Meeting 8:30–10:00 PM Group Foundation Dance Party	6:30–7:15 PM Social Activities <i>To be Announced</i> 6:30–7:30 PM SIG Meetings 12-Step Recovery Meeting

65th Annual Institute

Institute Opening Plenary Session

Saturday, February 13, 9:30– 10:15 AM (Eastern)

(This event is being recorded and will be available to access at your convenience.)



Abernethy

Finding Home in an Unprecedented and Online World

Featured Speaker: **Alexis Abernethy, PhD, CGP, FAGPA**

Dr. Abernethy will share her experience of Institutes over time highlighting experiences of connection. She will address the challenges we bring with us to our Institutes this year related to COVID-19, plunging into an online world, a reckoning around racism, and national polarization. She will also highlight the promise and hope for connection and finding “home” as a deeper desire. Lastly Dr. Abernethy, will share insights that may help attendees to benefit from their Institute experience.

Dr. Alexis Abernethy is a clinical psychologist and professor in the School of Psychology & Marriage and Family Therapy at Fuller Theological Seminary in Pasadena, California. She is also the Chief of Diversity, Equity, and Inclusion at Fuller. Dr. Abernethy graduated from Howard University with a BS in Psychology and received her MA and PhD from the University of California, Berkeley. She has conducted institutes and workshops nationally on cultural competence and spirituality in group therapy. Dr. Abernethy is a Certified Group Psychotherapist and Fellow of the American Group Psychotherapy Association (AGPA). She has served as Co-Chair of AGPA's Institute Committee and Annual Meeting and currently serves on the Board of Directors for AGPA.

Dr. Abernethy contributed the chapter, “A Spiritually Informed Approach to Group Psychotherapy” in Kleinberg’s 2012 edited volume, The Wiley-Blackwell Handbook of Group Psychotherapy. She recently co-authored an article with Lee Stevens on “Neuroscience and Racism: The Power of Groups for Overcoming Implicit Bias” and another article with David Allen and Marie Carroll: “Adapting Group Therapy to Address Real World Problems: Insights from Groups Offered in the Bahamas” in the International Journal of Group Psychotherapy (2017).

The Two-Day Institute is designed for clinical professionals who meet the requirements of at least a Master’s degree in a mental health profession and who have clinical psychotherapy experience. However, many sections of the Institute welcome psychiatric residents and graduate students in mental health degree programs as well as mental health workers who work in a range of human service settings. Please register for a section consistent with your experience.

The Institute is scheduled over two full days: Saturday and Sunday, February 13-14, 10:30 AM – 6:00 PM Eastern, with a lunch break from 1:30-3:00 PM Eastern. Registration will only be accepted for the full two days and registrants will be expected to attend both days, including the Institute Opening Plenary Session. Continuing Education credit will not be awarded for partial attendance. Devoted to small group experiential teaching, these two-day groups are led by carefully selected experienced instructors. The secure environment of these small groups allows for rich cognitive and emotional learning about group processes and oneself as well as an opportunity for personal and professional renewal. The Institute consists of two sections:

- ◆ **Process Group Experience (PGE) Sections:** These small groups provide participants an environment in which to obtain, expand, and retain their skills in conducting group therapy. The group psychotherapy skills gained are important in conducting any group, regardless of its theoretical orientation, time parameter or patient population. PGE sections are essential training and benefit the participants, both personally and professionally. A portion of each PGE will be didactic. A maximum of 10 registrants will be accepted per group.
- ◆ **Specific Interest Sections:** These groups offer intensive learning about specific theories and approaches in group treatment through participation in training groups in those models. Registrants can pursue current interests in greater depth or learn ways of integrating new approaches and methods into their private practice, clinic, or agency work. Most of the Specific Interest Sections have extensive experiential components. Registration maximum (14-18 registrants) has been set by each instructor.

Observation and Evaluation: In order to provide feedback to faculty, Institute sections will be observed by Institute Committee members. Registrants will be asked to complete evaluation questionnaires, designed to aid us in continuing to provide high quality meetings, upon conclusion of their attendance at events.

Continuing Education for Two-Day Institute Sections: 13.0 credits /1.3 units

Two-Day Institute Sections

Saturday, February 13, 10:30 AM–6:00 PM (Eastern) and
Sunday, February 14, 10:30 AM–6:00 PM (Eastern)

Complete Event Descriptions on AGPA’s Website: agpa.org

Below are the listings of the two types of Institutes: Process Group Experiences (PGE) and Specific Interest Sections. The PGE participants acquire general therapy skills relevant to leading groups by participating in a process-oriented group. Specific Interest Sections offer participants a chance to explore a particular theme in greater depth or to learn a new theoretical approach. For Specific Interest Sections, previous participation in a PGE is recommended but not required. Members agree to attend the entire group, to participate actively, and to respect the privacy of the other members. After attending an Institute, participants will be able to identify various aspects of group process and dynamics. These groups provide an important opportunity for experiential learning and growth. Please note: Dual relationships can hinder learning and could impact the experience for you and others. Those with dual relationships should consider NOT registering for the same Institute.

Process Group Experience (PGE) Sections

I-A. General Process Group Experience

Entry Level	Instructors:
Less than 4 years of group therapy leadership experience	1. Cindy Miller Aron, LCSW, CGP, FAGPA 2. Barbara Ilfeld, MSN, RNCS, CGP-R, FAGPA 3. Mary Krueger, MEd, LCPC, CGP, FAGPA 4. Gregory MacColl, LCSW, CGP, FAGPA 5. Jamie Moran, MSW, LCSW, CGP 6. Catherine Reedy, LCSW, LMFT, LCADC, CGP 7. Neal Spivack, PhD, CGP, FAGPA

Intermediate Level	Instructors:
4-9 years of group therapy leadership experience	8. Paul Cox, MD, CGP 9. Rita Drapkin, PhD, CGP 10. Jennifer Joseph, PsyD, CGP 11. Helene Satz, PsyD, ABPP, CGP, LFAGPA

Advanced Level	Instructors:
10+ years of group therapy leadership experience	12. Claudia Arlo, LCSW-R, CGP, FAGPA 13. Linda Eisenberg, MA, MEd, CGP 14. Michael Frank, MA, LMFT, CGP, LFAGPA 15. Jan Morris, PhD, ABPP, CGP, FAGPA

I-B. Process Group Experience Section with Mixed Levels of Experience

Instructors:	
1. Shari Baron, MSN, CNS, CGP, FAGPA 2. Helen Chong, LCSW, CGP, FAGPA 3. Arthur Gray, PhD, CGP 4. Jeffrey Price, MA, LPC, LAC, CGP, FAGPA	

I-C. Process Group Experience Section for Self-Identified People of Color (Mixed Levels of Experience)

Instructors:	
Sophia Aguirre, PhD, CGP, FAGPA and Karen Cone-Uemura, PhD, CGP	

I-D. Process Group Experience Section for Senior Therapists

Limited to prior AGPA Institute instructors or registrants who have participated in four or more AGPA Institutes.

Instructor:	
Esther Stone, MSSW, CGP, DLFAGPA	

I-E. Two-Year Continuous Section

Registration for this section assumes attendance at two consecutive AGPA Connect Meetings.

Instructors:	
1. Chera Finnis, PsyD, CGP, FAGPA (This is the 2nd and final year of this group; new participants will not be accepted.) 2. Paul Kaye, PhD, CGP, FAGPA and Gaea Logan, LPC-S, CGP, FAGPA (This is the first year of this group; new participants will be accepted.)	

Specific Interest Sections

- or
- II. A Relational Group Journey to Flatland and Beyond: Experiencing Different Self States in the Challenging Zoom Environment**
Sharon Sagi Berg, MA, CGP; Ido Peleg, MD, CGP
 - III. Acceptance, Attunement, and Emotional Receptivity: Welcoming the Whole Self in Group**
Jeffrey Hudson, MEd, LPC, CGP, FAGPA
 - IV. At Home and COVID: Longing, Belonging, and Unbelonging in a New Reality**
Myrna Frank, PhD, CGP
 - V. Being Present in the Group - The Relational Approach**
Martha Gilmore, PhD, CGP, FAGPA; Haim Weinberg, PhD, CGP, FAGPA
 - VI. Building a Systems-Centered™ Group**
Dorothy Gibbons, MSS, CGP; Robert Hartford, LICSW, CGP
 - VII. Cancelled**
 - VIII. Developing Resilient Group Leadership**
Gail Brown, MA, LP, CGP
 - IX. Dissociation and Complex Trauma in Group Members and Leaders**
Leo Leiderman, PsyD, ABPP, FAACP, CGP, FAGPA
 - X. Early Longing, Emotional Engagement and Sexual Desire**
Joseph Acosta, MA, LPC, CGP, FAGPA; Katie Griffin, LPC, CGP, FAGPA
 - XI. Existential Factors in Group Psychotherapy During a Pandemic? Losses Galore**
Maryetta Andrews-Sachs, LICSW, CGP, FAGPA;
Farooq Mohyuddin, MD, CGP, FAGPA, FAPA
 - XII. Finding Each Other: Forging Relationship in an Evolving World**
Jeanne Bunker, MSSW, LCSW, CGP, FAGPA
 - XIII. Finding Our Center of Health: Coupling Modern Group Analysis with Relational Life**
Ginger Sullivan, MA, LPC, CGP, FAGPA
 - XIV. Group as a Safe Space to Integrate Physical and Emotional Assaults of COVID-19 on Sense of Self**
Robert Klein, PhD, ABPP, CGP, DLFAGPA; Suzanne Phillips, PsyD, ABPP, CGP, FAGPA
 - XV. Group Process Aids Exploration of Participants' Generational Social Trauma**
Elaine Cooper, MSW, PhD, CGP, DFAGPA
 - XVI. Group Psychotherapy Supervision and Clinical Consultation**
Annie Weiss, LICSW, CGP, FAGPA
 - XVII. Individuation in Groups: A Jungian Approach to Group Psychotherapy**
Justin Hecht, PhD, CGP, FAGPA
 - XVIII. Leadership Development: Utilizing Group Therapy Skills in Organizational Culture (AGPA Leadership Track)**
Rick Tivers, LCSW, CGP
 - XIX. Managing Love and Hate in a World of Social Crisis**
Ronnie Levine, PhD, ABPP, CGP, FAGPA
 - XX. Permission Granted: Undoing the Impact of Emotional Prohibition on the Group Therapist** Alyson Stone, PhD, CGP
 - XXI. Racialized Trauma in Black, Indigenous and Therapists of Color**
Kavita Avula, PsyD, CGP; Marcus Hummings, PsyD, CGP
 - XXII. Repetition as Resistance: Making Way for the New**
Elizabeth Olson, PsyD, LCSW, CGP
 - XXIII. Social Identities, Power and Privilege: How Difference is Essential for Group Cohesion**
Paul Gitterman, LICSW, MSc, CGP
 - XXIV. White Allyship: Figuring Out Our Roadmap**
Phillip Horner, LCSW, CGP

Two Special Institute Presentations

Friday, February 19
10:30 AM-1:30 PM and
3:30-6:30 PM
(Eastern)



Black

Segal

SI-1. Treating Insecure Attachment in Group Psychotherapy

Instructor:
Aaron Black, PhD, CGP, FAGPA

Attachment Theory concepts are highly applicable to group psychotherapy. In this Special Institute, Dr. Black will explore essential components of attachment in childhood and within the therapy group. The process of mentalization will be explained and used to inform interventions for the individual, subgroup, and group-as-a-whole. Specifically, the Institute will address how mentalization deteriorates into identifiable, primitive mental states that shape both client resistances to relational contact and immediacy as well as group leader countertransference. Dr. Black will describe how awareness of, and sensitivity to, these primitive mental states (rather than general attachment styles) can enhance the leader's ability to locate, and intervene with, insecure attachment. Instead of encouraging secure attachment within the group, developmentally appropriate intervention strategies will be explored that aim to remove barriers to the expression of this innate, biological capacity.

Dr. Aaron Black holds a PhD in Clinical Psychology, a CGP, and is in private practice in Rochester, New York, where he works clinically with individuals, couples and groups. Dr. Black is a faculty member of the Center for Group Studies in New York City and a Board member of AGPA.

SI-2. Mindfulness-Based Cognitive Therapy: Distinct and Overlapping Elements of Group Delivery of Mindfulness Meditation

Instructor: **Zindel Segal, PhD**

This Special Institute will be an interactive learning experience combining didactic instruction with experiential exercises to teach the key aspects of mindfulness-based cognitive therapy (MBCT). MBCT, originally developed as a group intervention, integrates techniques from mindfulness-based stress reduction with cognitive therapy for depression to teach individuals who have recovered from depression new skills to help prevent future relapses. Key themes include experiential learning and the development of an open and acceptant mode of response, in which one intentionally faces behavioral difficulties and affective discomfort. Increased mindfulness allows early detection of relapse-related patterns of negative thinking, feelings, and body sensations, allowing them to be "nipped in the bud" at a stage when this may be much easier than if such warning signs are not noticed or are ignored. Formulation of specific relapse/recurrence prevention strategies are included in the later stages of treatment.

Dr. Zindel Segal is a clinical psychologist whose research examines the use of mindfulness meditation in promoting affect regulation skills in people suffering from a depressive and anxiety based disorder. His research program has two broad thrusts involving 1) the use of brain imaging to identify neural markers of depressive relapse or resilience associated with long-term practice of mindfulness meditation and 2) evaluating the efficacy of mindfulness-based clinical interventions delivered via online or mobile platforms as a means of increasing access to care.

Continuing Education for Special Institute Presentations: **6.0 credits/.6 units**

Group Foundation for Advancing Mental Health

Gifts to the Foundation can be made at agpa.org

Fulfilling the Promise: Founders Circle

Our sincerest appreciation is expressed to the following individuals and companies for their gifts in support of our program.

2019/2020 CONTRIBUTORS

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We would like to thank the following organizations for their support of our community outreach, education, training and service delivery programs during 2020 and 2021

Delta Airlines
Group Foundation for Advancing Mental Health
Marriott International, Inc.

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Dance/Movement/Art		6-5		
Integrative		14, 27	41, 50	70, 71, 74, 79
Interpersonal		19-5	36-5, 41	
Intersubjective	XII			
Mindfulness-Based		24		
Modern Group Analysis	XIII	26, 303	34a	68, 73
Psychoanalytic	IX, XVII, XXII	2a		62a
Psychodynamic	VIII			
Psychodrama			C3	61a
Psychoeducational		25		
Relational	II, V		53, 308	
Systems-Centered	VI	13, LG1	54, LG2	314
Tavistock		2a	33a	
Specific Populations/Types of Group				
Addictions/Disorders of Self-Regulation/ Substance Abuse & Process Addictions		19-5, 28	30	62a, 73, 81, 83
Aging/Geriatric/Elderly		15		65-5, 75-5
Child/Adolescent		C2		
College Counseling		20-5, 24	45	64-5, 78
Couples	XIII			
Family			56	
Gender Identity/Sexual Orientation/Sexual Health Groups		17	306	82
Interpersonal - Relationship Difficulties		16, C2		
Loss/Grief	XIV		58	
Medical & Terminal Illness/Pain/People with Disabilities		29		
Military/Veterans				65-5
Mood Disorders				C4
Organizations/Organizational Consultation	XVIII	3a, 4a, 202-5	43, 311	312
Severely Mentally Ill-Psychosis/Schizophrenia		27		
Stress Management				
Support			53	
Trauma- PTSD/Traumatic Experiences/ Abuse/EMDR/Secondary PTSD/ Vicarious Trauma	IX, XIV, XXI	28		83, 312

78th Annual Conference

The Conference is held on Thursday, Friday, Saturday, February 25-27 and includes courses, open sessions, limited registration workshops and special presentations on a variety of topics.

Thursday, February 25, 9:45–10:45 AM

Conference Opening Plenary Session

(This event is being recorded and will be available to access at your convenience.)

A Relational Approach to Working with Maltreated Children

Featured Speaker:
Bruce Perry, MD, PhD



This presentation will focus on the power and regulating effects of healthy relational interactions on the developing child. Providing an introduction to basic neurodevelopment and traumatology for clinicians, professionals, parents, caregivers and policy makers, Dr. Perry will address the positive impact of high quality caregiving, supportive families and stable communities while illustrating the devastating impact of neglect, trauma, chaos, violence and relational poverty. Individuals who have few positive relational interactions are at greater risk for developing trauma-related problems, while positive relational interactions can help promote healing and healthy development for both the normal and maltreated child. Dr. Perry's address will focus on the importance of positive human relationships in both caregiving and therapeutic settings.

Dr. Bruce Perry is Principal of The Neurosequential Model Network, LLC and Senior Fellow of The ChildTrauma Academy, a Community of Practice based in Houston, TX. He is also Professor (Adjunct) in the Departments of Psychiatry and Behavioral Sciences at the Feinberg School of Medicine at Northwestern University, and the School of Allied Health, College of Science, Health and Engineering, La Trobe University in Australia. Dr. Perry is the author of over 500 journal articles, book chapters and scientific proceedings. His clinical research over the last ten years has been focused on integrating emerging principles of developmental neuroscience into clinical practice. Most notably, his Neurosequential Model[®], is a developmentally sensitive, neurobiology-informed approach to clinical work (NMT), education (NME) and caregiving (NMC) for working with maltreated and traumatized children.

Friday, February 26, 9:45–10:45 AM

Mitchell Hochberg Memorial Public Education Event

(This event is being recorded and will be available to access at your convenience.)

Supported by the Group Foundation for Advancing Mental Health

Incarcerated Truths: Finding Unexpected Hope and Connection



Featured Speaker:
Elizabeth Ford, MD

This lecture will focus on the experience of providing mental health care within the criminal legal system, specifically related to incarcerated individuals with serious mental illness. Using personal and de-identified patient narratives, drawn from 20 years of working in New York City's Bellevue Hospital and in the jail system on Rikers Island, themes of systemic and institutional racism, chronic trauma, post-traumatic resilience, and the healing power of human connection will be explored. The lecture will also include practical, harm-reduction strategies related to more person-centered clinical interventions in jails, prisons, and re-entry to the community.

Dr. Elizabeth Ford, is the Chief Medical Officer at CASES (Center for Alternative Sentencing and Employment Services), a New York City-based community organization focused on the needs of individuals with mental health issues and criminal legal involvement. Her prior positions have included the Chief of Psychiatry for NYC Health + Hospitals' Correctional Health Services (CHS), the Director of the Division of Forensic Psychiatry at Bellevue Hospital in NYC, and the Training Director for NYU School of Medicine's Forensic Psychiatry Fellowship. Dr. Ford is an Adjunct Associate Professor of Psychiatry at NYU. She has authored and co-authored numerous academic articles and books about mental health services in jails and prisons as well as a memoir entitled, Sometimes Amazing Things Happen: Heartbreak and Hope on the Bellevue Hospital Psychiatric Prison Ward.

Saturday, February 27, 9:45–10:45 AM

Anne and Ramon Alonso Plenary Address

(This event is being recorded and will be available to access at your convenience.)

Supported by contributions to the Group Foundation for Advancing Mental Health

Group Healing to Address the Wounds of Racial Trauma



Featured Speaker:
Thema Bryant-Davis, PhD

This presentation will illuminate ways the field of psychology can serve communities who live with the psychological effects of racism, offering insights from liberation psychology, decolonial psychology, Black psychology, and womanist psychology. The presentation will encompass both theory and practical application of anti-racism therapy and touches on sustainability, self-care, and community-care as clinicians may be affected by vicarious trauma when working with clients in the aftermath or continued exposure to racial trauma. Topics discussed will include: the need for anti-racism therapeutic practice given the prevalence of racism-related stress and trauma; the overlapping theoretical frameworks of liberation psychology, decolonial psychology, and anti-racism psychology; and anti-racism in assessment and treatment.

Dr. Thema Bryant-Davis is a licensed psychologist who has worked nationally and globally to provide relief and empowerment to marginalized persons. Dr. Thema, a professor at Pepperdine University, is a past president of the Society for the Psychology of Women. Her contributions to psychological research, policy, and practice have been honored by national and regional psychological associations. Dr. Thema is a past American Psychological Association representative to the United Nations.

Dr. Thema has edited and co-edited books on recovery from sexual violence, spirituality and religion in women's lives, and womanist psychology. Her work is based in an interdisciplinary understanding of spirituality, gender, culture, and psychology. She provides trainings on the cultural context of trauma recovery and is host of the mental health podcast "Homecoming" available on iTunes and YouTube.

EVENT FORMATS:

COURSES: These courses are designed to cover a variety of topics in-depth. All-Day Courses meet in two sections for one full day. Participants must attend both sessions in order to receive continuing education credits. Course manuals are available for purchase. **Continuing Education: One-Day: 5.0 credits/.5 units**

HALF-DAY OPEN SESSIONS (300 series): These meetings will be presented in a variety of formats, including panels, papers and demonstrations. Audience participation and exchange with the presenters is encouraged. Open Sessions will be recorded and available to access at your convenience. **Continuing Education: 2.5 credits/.25 units**

The **Large Group Open Sessions** will be held Thursday and Friday from 5:30-6:45 PM Eastern; Saturday, from 2:45-5:15 PM Eastern. Attendance at all sessions is encouraged.

WORKSHOPS (1-100 Series): All-day and half-day meetings provide a context in which participants exchange information among themselves and with the chairperson. These meetings are designed for varying levels of experience including master workshops for senior clinicians and usually include both didactic and experiential learning. Check designations for beginning and master levels (for senior clinicians). **Continuing Education: All-day: 5.0 credits/.5 units; Half-day: 2.5 credits/.25 units**

90-Minute Events: These sessions will be presented as open sessions and workshops. **Continuing Education: 1.5 credits/.15 units**

LEADERSHIP TRACK: 

The Leadership Track is open to all AGPA Connect attendees interested in learning how to apply group therapy leadership skills to organizational leadership. Assembled by the Affiliates Societies Assembly (ASA) Leadership Task Force, the Leadership Track promotes the development of local Affiliate and national leaders in order to seed, promote, and sustain robust and meaningful leadership in AGPA.

Even if you are not planning to take a leadership role, these programs can help you understand leadership struggles, dynamics and strategies and promote stronger organizations.

Complete Event Descriptions on AGPA's Website: agpa.org

9:45-10:45 AM

Conference Opening Plenary Address

A Relational Approach to Working with Maltreated Children

Featured Speaker: Bruce Perry, MD, PhD

See page 7 for event details
(This event is being recorded and will be available to access at your convenience.)

All-Day Courses

11:00 AM-1:30 PM & 2:45-5:15 PM

C1. Core Principles of Group Psychotherapy (Part II)

Directors: Mikhail (Misha) Bogomaz, PsyD, ABPP, CGP, FAGPA; Jennifer Martin, PhD, CGP; Faculty: Karen Cone-Uemura, PhD, CGP; Annie Weiss, LICSW, CGP, FAGPA; Tevya Zukor, PhD, CGP

C2. Contemporary Adolescent Group Psychotherapy: Method, Madness, and the Fun - A Practical Guide

Directors: Seth Aronson, PsyD, CGP, FAGPA; Thomas Hurster, MSS, LCSW, CGP, FAGPA; Andrew Pojman, EdD, CGP, FAGPA

All-Day Workshops

11:00 AM-1:30 PM & 2:45-5:15 PM

1a. **(N/L) Zooming in or Zooming Out? Decoding Online Body Language: Accessing the Core Blueprints for Immediacy in Virtual Group** Chap Attwell, MD, MPH; Liz Stewart, APSI

2a. **(N/L) Social Dreaming as a Generative Pathway to Reflective and Deliberative Citizenship**
George Bermudez, PhD, PsyD

3a. **(N/L) Utilizing Restorative Circles to Explore Barriers to Inclusion and Authenticity in Organizations**
Kouang Chan, MS, JD; Duke Fisher, MA; Nina Harris, BA, CA; Deborah Sharp, LCSW-S, CGP; Brelynn Thomas, MSSW; Amy Wolfgang, MA

4a. **(4+) Group Goes to Business School: Teaching Interpersonal Dynamics in Troubling Times (AGPA Leadership Track)**
Darryl Pure, PhD, ABPP, CGP, FAGPA; Lisa Stefanac, MBA

Morning Open Sessions

1 ½ Hour Open Sessions (11:00 AM-12:30 PM)

201-5. **Who Do You Think You Are?: Exploring Group Leader Cultural Identity and Stereotype Assumptions Made About Group Members**
Robin Dean, PsyD

202-5. **Telehealth Drop-in Support Group**
Nadia Greenspan, LCPC, NCC, CGP, Chair; Rosa Lee Emerson, PhD, CGP; Kasra Khorasani, MD, CGP; Thomas Treadwell, EdD, TEP, CGP

2 ½ Hour Open Sessions (11:00 AM-1:30 PM)

301. **Shame and Humiliation in Group Therapy: Be Careful What You Wish For**

Joseph Shay, PhD, CGP, LFAGPA, Chair; Aaron Black, PhD, CGP, FAGPA; Chera Finnis, PsyD, CGP, FAGPA; Melyn Leszcz, MD, FRCPC, CGP, DFAGPA; Oona Metz, LICSW, CGP, FAGPA

302. **Finding Collective Shelter: A Theme Directed Audience Discussion in the Year of COVID-19 and Battles for Racial Justice (Part 1)**

Kathy Ulman, PhD, CGP, DFAGPA, Chair; Craig Haen, PhD, LCAT, CGP, FAGPA; Suzanne Phillips, PsyD, ABPP, CGP, FAGPA; Latoyia Piper, LCSW, CGP; Aziza Belcher Platt, PhD; Siddharth Ashvin Shah, MD, MPH

303. **"GROUP" - A Modern Analytic Video Training Series**

John Caffaro, PhD, CGP, FAGPA, Chair; Elliot Zeisel, PhD, LCSW, CGP, DFAGPA

Morning Workshops

1 ½ Hour Workshops (11:00 AM-12:30 PM)

5-5. **(N/L) The Universe of Group Psychotherapy: Global Strategies for Success** Judith Coché, PhD, ABPP, CGP, LFAGPA; Greg Crosby, MA, LPC, CGP, FAGPA

6-5. **(N/L) Integration Through Bodily and Verbal Movements**
Bojun Hu, PhD; Lizhu Zhao, MA

7-5. **(Cancelled)**

Morning Workshops

2 ½ Hour Workshops (11:00 AM-1:30 PM)

8. **(N/L) Germans and Jews: A Conversation About Trauma and Group Processes**
Mendel Horowitz, MS, CGP; Karsten Kueppenbender, MD, CGP
9. **(N/L) The Romance of Togetherness: How Do Leader and Group Members Relate to the Erotic?**
Dominick Grundy, PhD, CGP, FAGPA
10. **(N/L) Microaggressions Under the Microscope: A Practical Approach to Identifying, Unmasking, and Exploring Implicit Bias in Group Psychotherapy**
Shemika Brooks, PsyD, CGP; Nathasha Hahn, PhD; Shelby Weltz, PsyD
11. **(N/L) Enlivening Therapy Groups Through Play and Adventure**
Barney Straus, MSW, MA, CGP, FAGPA
12. **(N/L) Close Reading and Reflective Writing: How Storytelling Facilitates Group Process**
Lynn Lawrence, MS, MSW; Lynne Mijangos, RN, MSW, MFA, MS
13. **(4+) Confronting Aggressive Scapegoating in Group Therapy and Society: An Ethical Obligation of Mental Health Clinicians as Demonstrated by the Berkeley Civic Courage and Heroism Experiment**
Bill Roller, MA, FAGPA; Xu Yong, MD, CGP, FAGPA
14. **(N/L) Motivational Interviewing Groups: Moving Together Toward Change**
Christopher Wagner, PhD
15. **(10+) Coping with Aging in Ourselves and Our Clients: The Challenges to Continuing to be Resilient and Engaged Group Therapists**
Ken Schwartz, MD, FRCPC; Shayne Vitemb, MA, LMFT, CGP
16. **(N/L) Conducting Time-Limited Interpersonal Group Therapy in a Training Program**
Meena Denduluri, MD; Laura Kasper, PhD, CGP
17. **(N/L) Transcending Gender: How to Start a Group for Adults Who Are Exploring Their Gender Identity**
Natalie Haziza, MA, MPhil; Ari Pehkonen, LCSW

Afternoon Open Sessions

1 ½ Hour Open Sessions (2:45-4:15 PM)

- 203-5. **Effective Advocacy for Your College Counseling Group Program**
Nathasha Hahn, PhD, Chair; Joeleen Cooper-Bhatia, PhD; Niki Keating, PhD, CGP

2 ½ Hour Open Sessions (2:45-5:15 PM)

304. **Finding Collective Shelter: A Theme Directed Audience Discussion in the Year of COVID-19 and Battles for Racial Justice (Part 2)**
Kathy Ulman, PhD, CGP, DFAGPA, Chair; Craig Haen, PhD, LCAT, CGP, FAGPA; Suzanne Phillips, PsyD, ABPP, CGP, FAGPA; Latoyia Piper, LCSW, CGP; Aziza Belcher Platt, PhD; Siddharth Ashvin Shah, MD, MPH
305. **From the Circle to the Screen - Online Groups**
Haim Weinberg, PhD, CGP, FAGPA, Chair; Richard Billow, PhD, ABPP, CGP; Ruthellen Josselson, PhD; Bram van der Boom, MD

Afternoon Workshops

1 ½ Hour Workshops (2:45-4:15 PM)

- 18-5. **(N/L) Of Mice and Mentors: Applying Learning Theory to Psychodynamic Group Psychotherapy**
Russell Hopfenberg, PhD, CGP, FAGPA
- 19-5. **(N/L) A No-Judgment Zone Helps Heal Addiction**
Geoffrey Kane, MD, MPH; Suzanne Brennan Nathan, PsyD, LICSW, CGP
- 20-5. **(N/L) Countering Mental Health Stigma in a Depression Support Group with Positive Psychotherapy**
Heather Holtman, EdD; Serena Tchania, MA

2 ½ Hour Workshops (2:45-5:15 PM)

21. **(N/L) Waist Deep in the Big Muddy: Leveraging Group Process to Work Through the Climate Change Impasse**
Benjamin White, LCSW, CGP
22. **(N/L) Our Diversities/Ourselves: The Impact of our Diverse Cultural Identities on our Work with Groups**
Marti Kranzberg, PhD, ABPP, CGP, FAGPA
23. **(N/L) Non-Verbal Communication in Groups: Using Concepts of Polyvagal Theory and Interpersonal Neurobiology When Conducting Online Groups**
Lorraine Wodiska, PhD, ABPP, CGP, FAGPA
24. **(N/L) Compassion Focused Therapy Groups: How to Help Clients Connect with Compassion**
Mark Beecher, PhD, ABPP, CGP; Gary Burlingame, PhD, CGP, DFAGPA; Michael Buxton, PhD; Hiu Wai Yoko Caldwell, PhD; Kara Cattani, PhD; Derek Griner, PhD, ABPP, CGP; Kristina Hansen, PhD, CGP; Clint Hobbs, PhD
25. **(N/L) Enhancing Psychoeducational Groups**
Nina Brown, EdD, LPC, NCC, DLFAGPA
26. **(N/L) Who's Feeling Is It Anyway? Working with Induction from a Modern Analytic Frame**
Heather Frank, PsyD, CGP; James O'Hern, LCSW, CGP
27. **(N/L) Integrative Group Therapy for Patients with Psychosis: An Evidence-Based Approach**
Nick Kanas, MD, CGP-R, FAGPA
28. **(N/L) The Gratitude of Loss: Utilizing the Stages of Grief as a Strategy for Sustainable Sobriety**
Andrew Susskind, LCSW, SEP, CGP
29. **(N/L) Expanding Diversity Dialogues: Treating Clients with Health Conditions and Disabilities**
Wendy Freedman, PhD, CGP; Leslie Klein, PhD; Katheryne Kopp Miller, PsyD, HSPP
30. **(N/L) Developmental Trauma and the Somatic Self Meets Dysregulated Eating** Fran Weiss, LCSW-R, BCD, DCSW, CGP

5:30-6:45 PM

LG-1. **The Large Group from a Systems-Centered Framework**

- Susan Gantt, PhD, ABPP, CGP, DFAGPA; Frances Carter, MSS, LSW; Ray Haddock, MBChB, MMedSc, FRCPsych; Mike Maher, MA, Facilitators; Robi Friedman, PhD, Consultant

9:45-10:45 AM

Mitchell Hochberg
Memorial Public Education Event

**Incarcerated Truths:
Finding Unexpected Hope and Connection**

Featured Speaker: Elizabeth Ford, MD

See page 7 for event details
(This event is being recorded and will be available to access at your convenience.)

All-Day Course

11:00 AM-1:30 PM & 2:45-5:15 PM

C3. **Psychodrama: The Magic of Growth and Change**
Director: Shelley Firestone (Korshak), MD, CGP, FAGPA

All-Day Workshops

11:00 AM-1:30 PM & 2:45-5:15 PM

31a. **(N/L) Therapists as Racial Beings Leading Groups with People of Color Across the Lifespan**

Robin Dean, PsyD; Kathleen Isaac, PhD; Colette McLean, MSW, LCSW; Archandria Owens, PhD; Rachele Rene, PhD, BCB, HSMI

32a. **(10+) Yearning for Connection: Seeking Belonging and Intimacy Despite Isolation**

Allan Sheps, MSW, RSW, CGP, FCGPA; Joan-Dianne Smith, MSW, RSW, FCGPA

33a. **(N/L) Virtual Large Study Group**

Suma Jacob, MD, PhD; Jeffrey Roth, MD, CGP, FAGPA; Janice Wagner, MSW, LICSW

34a. **(N/L) Introduction to Modern Group Process in the Current Climate**

Alice Brown, PsyD, CGP; Chris Dolin, LCSW



Morning Open Sessions

1 ½ Hour Open Sessions (11:00 AM-12:30 PM)

204-5. **Astronaut Groups in Space: Implications for Group Therapy and COVID-19** Nick Kanas, MD, CGP-R, FAGPA; Les Greene, PhD, CGP, DLFAGPA, Discussant

2 ½ Hour Open Sessions (11:00 AM-1:30 PM)

306. **I, Too, Sing America: Identity and Difference in Group Life** Francis Kaklauskas, PsyD, CGP, FAGPA; Sophia Aguirre, PhD, CGP, FAGPA, Co-Chairs; Willard Ashley DMin, CGP; Reggie Nettles, PhD, CGP; Keith Rand, LMFT, CGP, FAGPA

307. **Group Psychotherapy as Specialized Practice: Training Implications**

Noelle Lefforge, PhD, MHA, CGP, Chair; Nina Brown, EdD, LPC, NCC, DFAGPA, Gary Burlingame, PhD, CGP, DFAGPA; Eleanor Counselman, EdD, ABPP, CGP, DLFAGPA; Joshua Gross, PhD, ABPP, CGP, FAGPA; Mikhail (Misha) Bogomaz, PsyD, ABPP, CGP, FAGPA

308. **Dutch Design--Practice Guidelines for Group Treatment: Contemporary Group Treatment in The Netherlands**

Pepijn Steures, MD, CGP, Chair; Anne Marie Claassen, MSc; William de Haas, MSc; Charles Huffstadt, MSc; Rob Koks, Silvia Pol, MA; Niels Tinga, MD

Morning Workshops

1 ½ Hour Workshops (11:00 AM-12:30 PM)

35-5. **(N/L) Towards an Inclusive Framework for Teaching Group Psychotherapy Online**

Lindsey Randol, PsychD; David Songco, PsyD, CGP

36-5. **(N/L) Life Staging®- An Opportunity to See, Feel, and Hear Beyond Your Prejudices!**

Elisabet Wollсэн, MSc, Psych

2 ½ Hour Workshops (11:00 AM-1:30 PM)

37. **(N/L) Coming Alive: From Stagnation to Vitality in Group Process**

Angelo Ciliberti, PsyD, CGP

38. **(N/L) I'd Rather Go Out for Tacos: Our Emotional Resistance to Climate Change**

Anna Graybeal, PhD, CGP

39. **(N/L) Survival Roles During Times of Crisis: Exploring Them Together**

Susan Beren, PhD

40. **(N/L) To Err is Human: Embracing the Imperfect Therapist**

Charlene Pratt, LCPC, CGP

41. **(N/L) Focused Brief Group Therapy: Integrating Art and Science to Optimize Outcomes**

Martyn Whittingham, PhD, CGP, FAGPA

42. **(N/L) Cognitive Behavioral, Psychodrama, and Process Group Therapy: A Blended Experiential Model**

Thomas Treadwell, EdD, TEP, CGP; Deborah Dartnell, MSOD, MA

43. **(N/L) Interpersonal Neurobiology, Courage, and High Performing Teams (AGPA Leadership Track)**

Rachel Stephens, PsyD; Carolyn Waterfall, MS, LPC, CGP



44. **(N/L) The Group Therapist's Journey Through Spirituality, Religion, and Existential Meaning Making**

Rosalind Forti, MSW, PhD; Lorraine Mangione, PhD

45. **(N/L) "Soul Siblings" & "Invincible Black Women": The Need and Power of Black Womxn Groups at Predominantly White Institutions**

Kimberly Burdine, PhD; Analesa Clarke, PhD

Afternoon Open Sessions

1 ½ Hour Open Sessions (2:45-4:15 PM)

205-5. **Plentiful, Enough and None at All: Case Examples of Resource Allocation to Group Psychotherapy Training in Psychiatry Residency**

Seamus Bhatt-Mackin, MD, FAPA, CGP, Chair; Meenakshi Denduluri, MD; Mariam Rahmani, MD, FAPA, DFAACAP; Joe Wise, MD, CGP; Brian Wu, MD, PhD

2 ½ Hour Open Sessions (2:45-5:15 PM)

309. **Women and Aggression: History, Healing and Power**

Jeanne Bunker, LCSW, CGP, FAGPA; Jan Morris, PhD, ABPP, CGP, FAGPA, Co-Chairs; Alexis Abernethy, PhD, CGP, FAGPA; Nanine Ewing, PhD, BC-DMT, CGP, FAGPA; Nancy Kelly, PhD, MSSW, CGP, FAGPA

310. **Contemporary Group Psychotherapy Research**

Joseph Miles, PhD; Zipora Shechtman, PhD, DFAGPA; Rainer Weber, PhD, Co-Chairs

311. **A Tale of Two Cities: Pandemic Response Narratives From New York and Chicago**

Marcia Nickow, PsyD, CADC, CGP, Chair; Stephanie Friedman, MD; Rachel Kaplan, MA, MSW; Nelly Katsnelson, MD, CGP

Afternoon Workshops

1 ½ Hour Workshops (2:45-4:15 PM)

46-5. **(N/L) On the Topic of Starting Interpersonal Process Groups in Private Practice**

Jeff Grossman, LPC-MHSP, CGP

47-5. **(N/L) Psychologically Need Supportive Leadership: Thriving Groups with Action Motivation**

Ozge Kantas, PhD

48-5. **(N/L) Together Through Song: The Power of Communal Singing to Elevate Mood and Increase Connection**

Geraldine Alpert, PhD, CGP, LFAGPA

2 ½ Hour Workshops (2:45-5:15 PM)

49. **(N/L) Encountering the "Other" in Group Therapy**

Simon Bresler, LCSW, CGP; Kerin Nadler, MS, LCAT, BC-DMT, CGP

50. **(10+) Attachment-Focused Somatic Experiencing Group Psychotherapy**

Carlos Canales, PsyD, CGP, FAGPA

51. **(N/L) Gaslighting as an Example of Ethical and Clinical Boundary Violations**

Robert Pepper, LCSW, PhD, CGP, FAGPA

52. **(N/L) "Am I My Brother's Keeper?" An Exploration of Sibling Dynamics: How They Influence the Roles We Take and the People We Become in Groups**

Brett Kociol, PsyD; Yair Kramer, PsyD; Terri Lipkin, PsyD; Benjamin Mueller, PsyD

53. **(N/L) Balint Groups: A Facilitated Group Experience to Enhance Clinician Empathy and Explore Patient-Provider Relationships in Medical Settings and Beyond**

Katherine Margo, MD; Jeffrey Sternlieb, PhD; Kathy Ulman, PhD, CGP, DFAGPA; Alan Witkower, EdD, CGP

54. **(N/L) What's the Fun of Functional Subgrouping? I'd Rather Fight**

Dayne Narretta, LCSW, BCD, CGP, FAGPA; Deborah Woolf, MS, MSS

55. **(N/L) Sensory Awareness and Embodied Attunement Through Movement to Music: The Royal Road to Affect and Immediacy**

Suzanne Cohen, EdD, CGP-R, FAGPA

56. **(N/L) Group Based Approaches to Parental Reactivity: The Parent Circle Model**

David Flohr, PhD, CGP

57. **(N/L) Supervision and Clinicians of Color: Considerations of a Peer Consultation Group Model**

Brenda Boatswain, PhD, CGP

58. **(N/L) Explorando la Barrera Idiomática en Grupo: El Sonido de las Emociones en Español (Exploring the Language Barrier in Group: The Sound of Emotions in Spanish)**

Joan Coll, MD

5:30-6:45 PM

LG-2. The Large Group from a Systems-Centered Framework

Susan Gantt, PhD, ABPP, CGP, DFAGPA; Frances Carter, MSS, LSW; Ray Haddock, MBChB, MmedSc. FRCPsych; Mike Maher, MA, Facilitators; Robi Friedman, PhD, Consultant

Group Foundation Dance Party

Friday, February 26, 8:30 PM

The Group Foundation for Advancing Mental Health invites you to join us for a spectacular virtual dance party. This party provides you an opportunity to meet and mingle with your colleagues and have a fun time on or off the dance floor.

This event is included with the five-day Institute and Conference package or the three-day Conference registration.

9:45-10:45 AM

Anne & Ramon Alonso Plenary Address

Group Healing to Address the Wounds of Racial Trauma

Featured Speaker: Thema Bryant-Davis, PhD

See page 7 for event details

(This event is being recorded and will be available to access at your convenience.)

All-Day Course

11:00 AM-1:30 PM & 2:45-5:15 PM

C4. Integrative Cognitive Behavioral Group Therapy

Director: Greg Crosby, MA, LPC, CGP, FAGPA

All-Day Workshops

11:00 AM-1:30 PM & 2:45-5:15 PM

59a. (N/L) Living Out Loud: Attuning the Leader's Voice

Marie Sergent, PhD, CGP

60a. (N/L) Engaging in Equitable Practices: How Do We Center Marginalized Identities and Challenge White Cis-Hetero Norms in Group Therapy?

Daniela Recabarren, PhD, MEd; Renita Sengupta, PsyD

61a. (N/L) Enhancing Empathy and Attachment Using Mindfulness and Psychodramatic Techniques in Process Group

Sue Barnum, MA, TEP, CGP; Shelley Firestone, MD, CGP, FAGPA

62a. (N/L) Groups as Cultures of Resilience: A Psychodynamically Oriented Decolonizing Approach to Treating Addiction and Trauma

Marcia Nickow, PsyD, CADC, CGP; Joe Whitlock, CADC, MISA

Morning Open Sessions

1 ½ Hour Open Sessions (11:00 AM-12:30 PM)

206-5. Moving Forward: Using Groups and Expressive Art Activities to Manage COVID-19 Fears and Transitions

Dawn McBride, PhD; Alyson Worrall, RPsych

2 ½ Hour Open Sessions (11:00 AM-1:30 PM)

312. Political, Organizational, and Group Trauma: Unraveling the Dynamic Matrix of Immigration Services

D. Thomas Stone, Jr, PhD, CGP, FAGPA, Chair; Kimi Jackson, Esq; Cecyll Padilla; Ashley Powell, MS, PhD, CGP; Jonathan Ryan, Esq

313. LOUIS ORMONT LECTURE - Interesting Times: Lessons from Human History

J. Scott Rutan, PhD, CGP-R, DFAGPA

Morning Workshops

1 ½ Hour Workshops (11:00 AM-12:30 PM)

63-5. (N/L) Work Smarter Not Harder: How to Talk Finances in Private Practice

Jill Lewis, MSW, LCSW, CEDS, CGP

64-5. (N/L) For Us By Us: The Need for Black, Indigenous, People of Color (BIPOC) Relational Process Group at Predominantly White Institutions

Jacquelin Darby, PsyD, CGP; Tyme Rodriguez, PsyD

65-5. (N/L) Developing an Evidenced-Based Wellness Group for Veterans and Older Adults: Challenges and Lessons Learned

Kristen Anderson, PhD, LCPC; Victoria Bacon, EdD, CGP; Maureen Boiros, MEd, RN

2 ½ Hour Workshops (11:00 AM-1:30 PM)

66. (<4) The Nuts and Bolts of Starting and Maintaining Healthy Groups

Ann Steiner, PhD, MFT, CGP, FAGPA

67. (4+) Using our Emotions as Leaders to Understand and Guide our Groups

Dave Kaplowitz, LMFT, CGP

68. (N/L) Greed, Shame, Deprivation, Excitement & Envy: Let's Talk About Money in Group During (or After) a Pandemic?

Michele Bohls, LMFT, CGP, FAGPA

69. (N/L) Connecting Tele and Telehealth: Experiential Groups Online

Kristine Jackson, LCSW, CET, PAT, CEDS

70. (N/L) Meeting the Moment: Diversifying Psychoanalytic Leader Style and Interventions

Karin Bustamante, PsyD, CGP; Francis Kaklauskas, PsyD, CGP, FAGPA

71. (N/L) Experiencing the Power of Mentalizing in Group

Valorie George, LCSW, CGP; Jennifer Markey, PhD, MEd, CGP

72. (N/L) Where Do Asian Americans Belong?

Bob Hsiung, MD; Teresa Lee, MD

73. (N/L) Healing at the Level of the Psychic Skin: Group Psychotherapy with Skin-Pickers and Hair-Pullers

Stacy Nakell, LCSW, CGP

74. (N/L) "Far Away, But Still Very Close" Online Group Therapy Through Videoconferencing: Research Update, Best Practice and Live Demonstration

Bram van der Boom, MD; Pepijn Steures, MD, CGP

Afternoon Open Session

2 ½ Hour Open Sessions (2:45-5:15 PM)

314. The Large Group from a Systems-Centered Framework

Susan Gantt, PhD, ABPP, CGP, DFAGPA; Frances Carter, MSS, LSW; Ray Haddock, MBChB, MMedSc, FRCPsych, Mike Maher, MA; Facilitators; Robi Friedman, PhD, Consultant

1 ½ Hour Workshops (2:45-4:15 PM)**75-5. (N/L) The Creation of an Online Group for Elders in the Time of Corona**

Claudia Apfelbaum, LCSW

Afternoon Workshops

2 ½ Hour Workshops (2:45-5:15 PM)**76. (N/L) Endings and Loss: How We Are Changed**

Jeffrey Mendell, MD, CGP; Marsha Vannicelli, PhD, CGP, LFAGPA

77. (N/L) Expanding the Repertoire: Creative Exercises to Enhance Group Process

Corinne Hannan, PhD, CGP, CEDS; Anna Packard, PhD, CGP, CEDS

78. (N/L) Group Coordinators Need Support Too! National Survey Results and Future Directions for Nourishing Group Therapy Programs in UCCs and Similar Group Therapy Programs

Mansi Brat, PhD, CGP; Carrie Brown, PhD; Niki Keating, PhD, CGP; Shenette Scille, PsyD

79. (N/L) Unlocking Your Inner Hero: An Experiential Role-Playing Group to Connect with Others and Empower One to Act as Their Ideal Self

Vincent Dehili, PhD, CGP; Graham Morris, PhD; Elisabeth Romines, PhD

80. (10+) Out of this World and into Group?: Group-as-a-Whole Concepts and Interventions

Nancy Wesson, PhD, CGP, FAGPA

81. (N/L) Zoom in (or not!): Virtual Group Telehealth Delivery, Body Image, and the Therapeutic Relationship

Sharon Bolin, LCSW, MSW, BA; Sue Mengden, PhD, CEDS;

Hallie Nikotich, BA

82. (N/L) Exploring Our LGBTQ+ Identities: An Affinity Group

Li Brookens, LCSW, CGP; Stef Gentuso, MA, LPCC; Angelynn Hermes, MSW, LCSW, CGP

83. (N/L) Surfing the Urge in Times of Uncertainty: Running Integrative Harm-Reduction Psychotherapy Groups

Adam Frankel, PhD, CGP

Join AGPA's Continuous Online Group held in conjunction with the 2021 Meeting. The task of this group will be to provide experience with and learning about online large group dynamics. It will be available "24/7" from February 9-March 4 and its members will interact electronically using the Slack platform. The co-leaders will be: Robert Hsiung, MD; Jeffrey Roth, MD, CGP, FAGPA; Vincenzo Sinisi, MA, CGP; Joe Wise, MD, CGP; with Anne Lindhardt, MD, as consultant. Register online or use the registration form on the back cover; more information is available on the AGPA website (agpa.org). AGPA Connect 2021 registrants can participate gratis.

12-Step Recovery Meetings. Members of AGPA who are members of 12-Step fellowships have organized a daily OPEN 12-STEP MEETING during the six-day Annual Institute and Conference. These meetings are open to members of any 12-Step fellowship (AA, OA, NA, GA, AI-Anon and others). They are also open to any member of AGPA interested in exploring recovery for themselves, their family members, or those supporting their colleagues in recovery.

Continuing Education Credits Refer to agpa.org for continually updated information.**SATISFACTORY COMPLETION**

Learners must complete an evaluation form to receive a certificate of completion. Your chosen sessions must be attended in their entirety. Partial credit for individual sessions is not available. If you are seeking continuing education credit for a state or specialty not listed below, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.

CERTIFIED GROUP PSYCHOTHERAPISTS (CGP):

Institute and Conference events may be counted towards recertification requirements for the International Board for Certification of Group Psychotherapists on a one hour per one continuing education credit basis. Please note that all continuing education credit events for CGP recertification must be in group psychotherapy.

PHYSICIANS: Accreditation Statement – The American Group Psychotherapy Association (AGPA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation Statement - The AGPA designates this live activity for a maximum of 39.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PSYCHOLOGISTS: American Group Psychotherapy Association is approved by the American Psychological Association to sponsor continuing education for psychologists. AGPA maintains responsibility for this program and its content. Maximum of 39.5 hours.

NY: Amedco is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0031. 39.5 hours.

SOCIAL WORKERS: AGPA, ASWB provider #1064, is approved as a provider for continuing education by the Association of Social Work Boards, 400 South Ridge Parkway, Suite B, Culpeper, VA 22701, www.aswb.org. ASWB Approval Period: 1-27-21 to 1-27-24. Social workers should contact their regulatory board to determine course approval. Social workers will receive up to 39.5 continuing education clock hours for participating in this course. ASWB approval is accepted in 48 states. ASWB is not accepted in NY and NJ.

The following state boards accept courses from ASWB providers for Social Workers: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, ID, IL, IN, IA, KS, KY, LA, ME, MD, MA, MI, MN, MS, MO, NC, ND, NE, NH, NM, NV, OH, OK, OR, PA, RI, SC, SD, TN, TX, UT, VT, VA, WA, WI, WV, WY

NY: Amedco SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0115. 39.5 hours.

NURSES: In support of improving patient care, this activity has been planned and implemented by Amedco LLC and AGPA. Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designation Statement – Amedco LLC designates this live activity for a maximum of 39.5 ANCC contact hours for nurses. Learners should claim only the credit commensurate with the extent of their participation in the activity.

COUNSELORS: American Group Psychotherapy Association, Inc. (AGPA) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5675. Programs that do not qualify for NBCC credit are clearly identified. AGPA is solely responsible for all aspects of the programs. Maximum of 39.5 clock hours.

NY: Amedco is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0061. 39.5 hours.

ALCOHOL AND DRUG ABUSE COUNSELORS: This course has been approved by AGPA, as a NAADAC Approved Education Provider #62820, for 39.5 CE. AGPA is responsible for all aspects of its programming. This course deals with Counselor Skill Groups: Ongoing Treatment Planning, Counseling Services.

MARRIAGE AND FAMILY THERAPISTS: NBCC approval is accepted by the Marriage and Family Therapy Boards in the following states: AK, AL, AR, AZ, CA, CO, CT, DC, IA, ID, IN, KS, LA, MD, ME, MO, MT, NC, ND, NE, NH, NJ, NM, NV, OK, OR, PA, SC, SD, TN, TX, UT, VA, VT, WA, WV, WY.

MA: This activity has been submitted to the Massachusetts Board of Registration of Allied Mental Health & Human Services Professions, for review.

MN: This course has been submitted to the Minnesota Board of Marriage & Family Therapy for review.

NY: Amedco is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists. #MFT-0032. 39.5 hours

CONTINUING EDUCATION UNITS: Participation in the 2021 Institute and Conference continuing education events carries Continuing Education Units on a one unit per 10 contact hour basis. (Fractional units may be obtained).

How to Register

Use our online registration system for quick and easy registration. The online registration will provide an immediate confirmation of choices. Online registration is available on the AGPA website, agpa.org. You may also register using the back cover of this program by e-mail, fax, or regular mail.

- Online at agpa.org;
- Email form to registration@agpa.org;
- Fax to AGPA at 212-979-6627;
- Mail to AGPA, c/o Chase Manhattan Bank, Church Street Station, PO Box 6359, New York, NY 10249-6359. (Non-U.S. residents are requested to have checks drawn on U.S. banks.)
- Phone 877-668-AGPA (2472)

AGPA staff is available to take your registration by phone Monday-Friday (9:00 AM - 6:00 PM Eastern) toll free at 877-668-AGPA (2472) or call 212-477-2677. Please have credit card information and event selections available.



If you require special accommodations to fully participate, please provide a written description of your needs and send to registration@agpa.org or fax to 212-979-6627.

Discounts

Military: A 35% discount off registration rates is available to active military clinicians as well as to clinicians and chaplains working with active duty military and veterans.

Early Career Professionals/Students/Residents/Retirees:

A 35% discount off registration rates is available. Students/Residents must provide a statement of full-time enrollment. The Early Career Professional fee is applicable for four years after date of graduation.

Agency/Institution: The first registration is at the full rate with additional registrations from the same agency at a 35% discount. Registration forms must be forwarded together and accompanied by a listing of the names of registrants on agency letterhead stating personnel are full-time or part-time employees whose sole source of income is from the agency. The letter should also verify that the agency or institution is a non-profit. (Other discounts are not applicable when using an agency/institutional discount.)

AGPA Connect Scholarships are also being offered by the Group Foundation for Advancing Mental Health. Details on Awards and Scholarships for attendees as well as application information can be found on our website.

Refund Policy

Cancellations must be submitted in writing by February 1, 2021 and will be subject to a \$50 service charge. Refunds will not be granted after February 1. It is the responsibility of the registrant to cancel whether or not registration confirmation has been received.

Limited Time Introductory Membership Offer!

Apply for AGPA Membership and receive 18 months of membership for the price of 12 and also register at member rates. Offer valid through February 27, 2021.

AGPA Membership Benefits provide for professional development and continuing education opportunities in all aspects of group psychotherapy to enhance clinical skills and career advancement including...

EDUCATIONAL PROGRAMS

- Priority enrollment and reduced registration fees for AGPA Connect and e-Learning events
- Complimentary registration for year-round e-Learning events
- Complimentary access to AGPA Online Continuing Education Library
- Access to workshops and training programs sponsored by local and regional Affiliate Societies
- Priority consideration for AGPA Connect Scholarships (see agpa.org for details)

WEBSITE: AGPA.ORG

- Brings therapists, students, and clients together
- Provides complete information on AGPA programs and products, gives clients help in locating qualified group therapists
- Access to Members-Only section
- Online E-Directory provides a national collegial referral network of over 2,000 group therapists

PUBLICATIONS

- Free subscription to the *International Journal of Group Psychotherapy* and four additional mental health journals
- The *Group Circle* newsletter providing members current professional information and the opportunity for national contacts and collegiality
- *AGPA Group Connections*, our monthly email newsletter, provides AGPA information updates
- The AGPA e-Learning monthly newsletter, keeping you abreast of the exciting online continuing education opportunities available
- Discount on AGPA Curricula and Taylor & Francis publications

RESEARCH & TEACHING

- Consultation on research and design development
- Access to grants and group research opportunities
- Publication opportunities

NETWORKING & PRACTICE DEVELOPMENT

- Special Interest Groups provide a forum for networking and peer support among individuals with similar interests
- Opportunities to develop interdisciplinary contacts internationally for exchange of professional knowledge and skills
- Consultation on developing a group psychotherapy practice
- Obtain national visibility and recognition in your area of professional specialization

LOCAL & REGIONAL AFFILIATE SOCIETIES

- Our local societies across the country offer collegiality, referral networks, training, consultation and supervision

Applicant information:

First Name _____ M.I. _____ Last Name _____ Degree(s) _____

(Please check the for the address and email that you want to have listed in our online directory and receive AGPA mailings.)

Work Address _____ City _____ State _____ Zip _____

Home Address _____ City _____ State _____ Zip _____

Phone: Work _____ Home _____ Cell _____ Fax _____

Personal Email _____ Work/School Email _____

Date of Birth ____/____/____ Genderqueer/Nonbinary Woman Man Optionally complete: _____ Referred by _____

Select your professional designation:

- | | | |
|--|---|--|
| <input type="checkbox"/> Psychiatrist
<input type="checkbox"/> Psychologist
<input type="checkbox"/> Social Worker
<input type="checkbox"/> Nurse
<input type="checkbox"/> Marriage and Family Therapist
<input type="checkbox"/> School Psychologist | <input type="checkbox"/> Alcoholism and Drug Abuse Counselor
<input type="checkbox"/> Clinical Mental Health Counselor
<input type="checkbox"/> Creative Arts Therapist
<input type="checkbox"/> Occupational Therapist
<input type="checkbox"/> Pastoral Counselor
<input type="checkbox"/> College Counselor | <input type="checkbox"/> Psychoanalyst
<input type="checkbox"/> Group Analyst
<input type="checkbox"/> Resident
<input type="checkbox"/> Student
<input type="checkbox"/> Other: _____ |
|--|---|--|

Select your AGPA membership:

- | | |
|---|--|
| <input type="checkbox"/> Certified Group Psychotherapist (CGP) – Complete the CGP application online at www.agpa.org/cgp-certification/ and with approval receive your first year of AGPA membership FREE.

<input type="checkbox"/> Professional – A minimum of a master’s degree in a mental health field.
<i>Please check one and provide:</i>
<input type="checkbox"/> Clinician: license number, national membership or certification: _____
<input type="checkbox"/> Academic Faculty: institution _____
<input type="checkbox"/> Researcher: (2) studies published in peer-reviewed journal(s): _____

_____ | <input type="checkbox"/> Adjunct – Experience as leader or co-leader of therapeutic, educational and/or consulting groups.

<input type="checkbox"/> Early Career Professional – A minimum of a master’s degree from an accredited graduate, residency or certificate-granting program within the last four years.
Please indicate date of graduation
(month/year) ____/____ and institution _____

<input type="checkbox"/> Student – Matriculated in an accredited graduate, residency or certificate-granting program in the mental health professions. Please indicate institution:

_____ |
|---|--|

New Member Applicant Rates			
Apply now and get 18 months of membership for the price of 12			
	For Professional & Adjunct Members:	For Early Career Professional Members:	For Student Members:
Reduced 18-month rate	\$240- \$160	\$135 \$90	\$105 \$70

Total Amount \$ _____ **Payment Method** Check enclosed Charge my Visa MasterCard American Express

Card Number: _____ CVV: _____ Exp. Date: _____ Signature: _____

Mail application and payment to:
AGPA c/o Chase Manhattan Bank, Church Street Station, PO Box 6359,
New York, NY 10249-6359
Or Email to: membership@agpa.org

Questions?
Call Toll-Free:
(877) 668-AGPA
www.agpa.org

Registration Form

(Please print legibly. Duplicate forms as needed.) This form will be used as the basis for registration information. Use a separate form for each registrant.

Name _____ Degree _____

Nickname for Badge _____ Genderqueer/Nonbinary Woman Man Optionally complete: _____

Preferred Address Home Office _____

City _____ State _____ Zip _____

Telephone: Office () _____ Home () _____

Mobile () _____ E-mail _____

Please indicate the best method of contact during AGPA Connect mobile e-mail

Do you have any disabilities which require special accommodations? If so, please identify your specific needs in a separate letter.

Status AGPA Member AGPA Applicant Nonmember (membership application on page 15) Scholarship Applicant

Profession: Psychiatrist Psychologist Social Worker Nurse Alcoholism & Drug Abuse Counselor Other _____
 Creative Arts Therapist Marriage & Family Therapist Mental Health Counselor Pastoral Counselor Group Analyst

Is this your 1st Meeting? Yes No How did you hear about us? _____ Years of group psychotherapy practice? _____

Visit the AGPA WEBSITE (agpa.org) for full event descriptions.

CONTINUOUS ONLINE GROUP: February 9 - March 4 Members \$90; Nonmembers \$180 (AGPA Connect 2021 registrants can participate gratis.)

TWO-DAY INSTITUTE REGISTRATION: List preferences for Saturday & Sunday, February 13 & 14, refer to Process Group Experience Sections or Specific Interest Sections

1st Choice	2nd Choice	3rd Choice	4th Choice

SPECIAL INSTITUTE REGISTRATION:

- Friday, February 19
 SI-1 Dr. Aaron Black "Treating Insecure Attachment in Group Psychotherapy"
 SI-2 Dr. Zindel Segal "Mindfulness-Based Cognitive Therapy: Distinct and Overlapping Elements of Group Delivery of Mindfulness Meditation"

CONFERENCE REGISTRATION: List preferences for Thursday, Friday & Saturday, February 25-27. Indicate courses, open sessions as well as workshops by event numbers.

	THURSDAY			FRIDAY			SATURDAY		
	1st Choice	2nd Choice	3rd Choice	1st Choice	2nd Choice	3rd Choice	1st Choice	2nd Choice	3rd Choice
All-Day									
Morning									
Afternoon									

		2-Day Institute	Special Institute	3-Day Conference	1-Day Conference	5-Day Package
By January 18	Member	\$260	\$180	\$420*	\$175	\$610*
	Nonmember	\$390	\$210	\$630*	\$210	\$915*
After January 18	Member	\$325	\$210	\$525*	\$210	\$765*
	Nonmember	\$455	\$240	\$735*	\$245	\$1070*

* Includes Group Foundation Friday Dance

SPECIAL OFFER: Register for the Special Institute plus the Five-Day Package and deduct \$50 from your total fees.

If you would like to join, complete application on reverse and enclose fee.

Renewing your membership, please include \$160 thru 6/2021 or \$240 thru 6/2022.

Support the Group Foundation with a Scholarship Contribution.

Check enclosed Visa MasterCard American Express

Discount applied: Early Career Professional/Student/Resident/Retiree Institution/Agency Military

Name as it appears on card _____

Acct # _____ Exp. Date _____ CVV _____

Signature _____

American Group Psychotherapy Association, Inc.

c/o Chase Manhattan Bank, Church Street Station, P.O. Box 6359, New York, NY 10249-6359

Toll-Free: (877) 668-AGPA (2472) or (212) 477-2677 Fax: (212) 979-6627

Website: agpa.org • E-mail: registration@agpa.org

Register Now! Prices go up January 18th

How to Complete the Registration Form

TWO-DAY INSTITUTE REGISTRATION:

1st Choice	2nd Choice	3rd Choice
IA-12	XIV	XII

SPECIAL INSTITUTE REGISTRATION:

Dr. Black Dr. Zindel

CONFERENCE REGISTRATION:

	THURSDAY		
	1st Choice	2nd Choice	3rd Choice
All-Day	C-1		
Morning		8	3-a
Afternoon		305	

REMEMBER:

- To write all information legibly as it will be used to prepare all registration materials.
- Always include alternate event selections on the registration form; if you don't select alternates you may not be assigned to an event. **For immediate selection confirmation use the online registration form.**
- The Courses cover various time slots during the three days of the Conference. Please keep this in mind when making other event selections.
- The Special Institute is not included in the Five-day Package fee; if you register for all six days there is a special discount of \$50 off the total registration fees.