**AGPA Connect 2023 Presenter Information**

**Course Code:** 309

**Course Title:** Not only here, Not only now

**Course Times:** 10:00 AM - 12:30 PM

**Course Dates:** Friday, March 10

**Instructors:** Richard Billow

Hilary Curtis

Angelo Ciliberti

Tzachi Slonim

**Course Description:** One of the most powerful attributes of group therapy is its ability to elicit strong feelings in the here-and-now of the session. Yalom describes the leader as “herding” the group into the here-and-now while other popular approaches also emphasize the importance of the here-and-now. This open session will provide a challenge to the overemphasis on the here-and-now by demonstrating how a deep, slower, exploration of the there-and-then can enhance group process and add depth for members and leader alike.

**Learning Objectives**

The attendee will be able to:‎

1. ‎Name two interventions where the leader extended the group’s discourse beyond the here-and-‎now of the group.‎
2. ‎Explain how traumatic messages are unconsciously transmitted from parent to child.‎
3. ‎Appraise how the leader helps members reevaluate their narratives.‎

**Significant Articles:**

1. Billow, R. M. (2021). Richard M. Billow's selected papers on psychoanalysis and group process. ‎Changing our minds. (T. Slonim, Ed.) New York: Routledge.‎
2. Klein, M. (1940). Mourning and its relation to manic-depressive states. The international journal of ‎psycho-analysis, 21, 125.‎
3. Schwartz, H. P. (2012). Intersubjectivity and dialecticism. The International Journal of Psychoanalysis, ‎‎93(2), 401-425.‎

**Agenda:**

1. Not only here, Not only now: Introduction (10 min, Obj 1, Tzachi Slonim, Lecture)

•The here-and-now in group theory

•What does it mean to extend beyond the here-and-now

1. Demonstrating the theory (70 min, Obj 1,2,3, Richard Billow, Process Group)

• The leader encourages members to reveal their subjectivities

•Adding intrapsychic exploration deepens group process and member-to-member connections

1. Reviewing Process Group (40 min, Obj 1,2,3 Panel, Discussion)

•Pivotal moments in group

•The therapist’s theory and its impact on intervention

•Group members’ reactions to the therapist’s deemphasis on “interactionism”

4. Audience Discussion (25 min, Obj 1,2,3, Panel and audience, Discussion)

5. Participant evaluations (5 minutes)

**Assessment Questions:**

Question 1 (include possible answers)

1. What purpose do there-and-then explorations serve?

Correct Answer 1

Deepen the group's discourse

Question 2 (include possible answers)

2. Can parents unwittingly traumatize their children with sexual messages (Y/N)

Correct Answer 2

Y

Question 3 (include possible answers)

3. What does Billow mean by “interactionism”?

Correct Answer 3

An excess focus on member-to-member interactions

Question 4 (include possible answers)

4. Is the act of translation final? (Y/N)

Correct Answer 4

Y

Question 5 (include possible answers)

5. What is one of the roles of the group in promoting emotional growth?

Correct Answer 5

To encourage the translation of emotional experience

Question 6 (include possible answers)

6. What does Billow suggest groups "do" with members' descriptions of trauma?

Correct Answer 6

Link them to the originary traumas

Question 7 (include possible answers)

7. What did Bion assume about humans' drive to learn?

Correct Answer 7

That it is innate

Question 8 (include possible answers)

8. Using an analytic lens, where do we assume growth happens?

Correct Answer 8

Outside of awareness

Question 9 (include possible answers)

9. In what stages of the group does Billow believe that leaders are important?

Correct Answer 9

In all stages

Question 10 (include possible answers)

10. What is the result of caregivers recruiting their infants to alleviate their anxieties?

Correct Answer 10

They are traumatized