

agpa 2024 CONNECT

Turbulent Times: Using Groups to Overcome Divisions and Foster Engagement

February 26 – March 2, 2024

Gaylord National Resort and Convention Center
National Harbor, Maryland

Special Institute, Monday, February 26

Two-Day Institute, Tuesday & Wednesday, February 27-28

Three-Day Conference, Thursday-Saturday, February 29-March 2



AGPA Connect provides participants from diverse clinical disciplines the opportunity to advance their knowledge, skills, and training in group psychotherapy and related fields. The AGPA Connect experience includes the development of new clinical approaches, refinement of therapeutic methods, exchange of clinical and empirical knowledge with colleagues, exposure to current research and theory, and the opportunity to participate in a multidisciplinary peer support network.

AGPA Connect is divided into three sections: the **One-Day Special Institute (Monday, February 26)** taught by prominent clinicians, the **Two-Day Institute (Tuesday-Wednesday, February-27-28)** devoted to small group teaching primarily in the experiential mode, the, and the **Three-Day Conference (Thursday-Saturday, February 29-March 2)** which offers a variety of formats, including limited registration workshops as well as open session panels on special topics and original scientific paper sessions.

Who Should Attend?

Mental health professionals who have an interest in and/or currently work with groups who wish to be kept abreast of new developments and to expand the scope of their clinical practices.

Why Should You Attend?

- World-renowned faculty are available to instruct, challenge, and inspire you.
- Earn over 30 continuing education credits in your affiliated discipline.
- Learn valuable, proven strategies, and clinical techniques that can be used immediately.
- Access a full menu of diversified offerings designed to sharpen your knowledge and skills.
- Take advantage of time away from the day-to-day pressures of work. You'll return refreshed, stimulated, and rejuvenated — and ready for new challenges ahead.
- Create cherished memories while strengthening your professional expertise.

What You Will Learn!

After participating, attendees will be able to:

1. Identify, review, and integrate basic group dynamic concepts into their group practice;
2. Compare the theoretical underpinnings of various schools of group therapy;
3. Conduct groups in a variety of settings with a broad range of populations;
4. Apply evidenced-based practices as they relate to group therapy.

How to Register!

Online registration is available on the AGPA member portal. All registrants must set up an account on the website; **here is a step-by-step guide to set up an account**. After setting up your account you can proceed to **the registration form**. If you encounter any difficulty or have questions, please contact us at 212-297-2190 or info@agpa.org.

Welcome to AGPA Connect 2024 with our theme- **“Turbulent Times: Using Groups to Overcome Divisions and Foster Engagement.”** We are very excited to be near our nation’s capital this year and in a wonderfully large hotel with many amenities. The members of our vibrant hosting society, the Mid-Atlantic Group Psychotherapy Society, have been working hard to assure that we will be able to enjoy the wonderful options for fun that the Gaylord National Harbor and the Capital have to offer. Be sure to see their Hospitality Guide for food and activity suggestions. Since we will be together once again in person, we want to assure our attendees that we are working with the hotel to ensure a safe environment. We have put together an inspiring learning experience for everyone.

Our plenary speakers will be addressing timely topics such as the psychology of loneliness and the experience of the Latine communities in America. Our incoming president, Lorraine Wodiska, will be giving her presidential address and Nina Brown will be preparing the registrants for their Institute learning experience. Our two-day Institute has our very best group leaders offering a wide variety of specific topics and general process group experiences. The three-day Conference has a wide array of open sessions, workshops, and courses. We have a balance of topics that address different theoretical approaches, developmental stages, and clinical issues. Some of the topics offered focus on trauma, addiction, psychodrama, intersectionality of race, gender, sexuality, ethnicity and health matters, creative approaches to group, and MUCH more.

Please be sure to **read the emails** you receive to stay atop of this essential information, as well as checking the **AGPA Connect App**. And, as always, if you need help figuring out how to navigate the many meeting options, the AGPA staff and the Connect Co-Chairs are also available to assist you in any way needed.

We call our meeting AGPA Connect because it is the connections made at multiple levels which makes our meeting unique. There will be events for First-Time Attendees, New Members, and New CGPs. Special Interest Groups (SIGs) are also a great way to meet others with similar interests. There will be the usual opportunities to gather to network, renew old friendships and make new friends. The hotel offers several convenient venues for meeting with others. There is no shortage of restaurants, diners, and coffee shops for early morning or evening gatherings at the Gaylord and the surrounding area.

We look forward to seeing you at the meeting. No matter how we connect, we all share in the common mission of bringing the magic of group to the world.

Gary Burlingame, PhD, CGP, AGPA-DF
AGPA President



Gary Burlingame



Ginger Sullivan



D. Thomas Stone, Jr

D. Thomas Stone, Jr, PhD, ABPP, CGP, AGPA-F
Ginger Sullivan, MA, LPC, CGP, AGPA-F
AGPA Connect Co-Chairs

What to look for inside...

We have an exciting line-up of speaker presentations:

- Two Special Institute Presentations on Monday, February 26:
 - 1) **Drs. Adeyinka Akinsulure-Smith and Hawthorne Smith** will present **“Fractures and Integration: Therapeutic Work with Forced Migrants and Survivors of Torture”**
 - 2) **Dr. Farooq Mohyuddin** will present **“Thinking Existentially: Living Authentically in Turbulent Times.”**
- **Dr. Nina Brown** will present the Opening Institute Plenary Address entitled, **“AGPA Institutes as Adventures in Learning Group Psychotherapy.”**
- **Dr. Julianne Holt-Lunstad** will be the Conference Opening Plenary Speaker and will address **“Social Connection as an Underappreciated Determinant of Health and Wellbeing.”**
- **President-Elect Dr. Lorraine Wodiska** will present the Anne & Ramon Alonso Presidential Plenary Address: **“This is Your Pilot Speaking. Buckle Your Seatbelts: We Expect Turbulence Ahead.”**
- **Dr. Cynthia de las Fuentes** will be the Mitchell Hochberg Memorial Public Education Event Speaker and will address **“Inclusion’s Imperative: Understanding the Root Causes of Health Inequities and their Antidotes.”**

Just for fun, you also won’t want to miss two of the meeting’s highlights hosted by the Group Foundation for Advancing Mental Health: the Friday night dance party and the Saturday luncheon.

Attendance is Affordable...

New Member Discount. If you are not currently an AGPA member and join at the time of registration, you will save more than the difference between the member and non-member registration fee. An online membership application is available on our website. We hope you will join us as a member.

A 35% discount is offered to Students, Early Career Professionals, Retirees, and Clinicians and Chaplains working with Active-Duty Military and Veterans.

Agency/Institutional Multi-Person Registration Discount. A special discount is available to individuals from the same agency/institution. The first registration is at the full rate with additional registrations from the same agency at a 35% discount. In order to obtain a discount code for your institution, send a listing of the names of registrants on agency letterhead stating personnel are full-time or part-time employees whose sole source of income is from the agency to info@agpa.org. The letter should also verify the agency or institution as a non-profit. (Other discounts are not applicable when using an agency/institutional discount.)

AGPA Connect Scholarships are also being offered by the Group Foundation for Advancing Mental Health. Details on Awards and Scholarships for attendees as well as application information can be found on our website.

Please consider a donation to the Scholarship Fund to support the scholarship program; you can include a gift on the website or on the registration form found on the last page of this program.



Program Overview:

All times below are in Eastern time zone

ONE-DAY SPECIAL INSTITUTE	TWO-DAY INSTITUTE		THREE-DAY CONFERENCE					
Monday, February 26	Tuesday, February 27	Wednesday, February 28	Thursday, February 29	Friday, March 1	Saturday, March 2			
7:00 AM-5:00 PM Registration	7:00 AM-5:30 PM Registration	7:00 AM-5:00 PM Registration	7:00 AM-5:00 PM Registration	7:00 AM-5:00 PM Registration	7:00 AM-2:00 PM Registration			
9:00 AM-12:00 Noon Special Institute Presentations: <i>Adeyinka Akinsulure-Smith, PhD, ABPP, and Hawthorne Smith, PhD</i> "Fractures and Integration: Therapeutic Work with Forced Migrants and Survivors of Torture" OR <i>Farooq Mohyuddin, MD, CGP, FAPA, AGPA-F,</i> "Thinking Existentially: Living Authentically in Turbulent Times"	8:00-9:00 AM Institute Opening Plenary <i>Nina Brown, EdD, LPC, NCC, AGPA-DLF</i> "AGPA Institutes as Adventures in Learning Group Psychotherapy"	8:30 AM-11:30 AM General and Specific Focus Process Group Experience Sections	7:00-8:00 AM Breakfast for New Member & CGP; First-Time Attendees Spouse & International Guest Breakfast	7:00-8:00 AM Fellows Breakfast	8:15-9:15 AM Mitchell Hochberg Memorial Public Education Event <i>Cynthia de las Fuentes, PhD</i> "Inclusion's Imperative: Understanding the Root Cause of Health Inequities and their Antidotes"			
	9:30 AM-12:30 PM General and Specific Focus Process Group Experience Sections		8:15-9:30 AM Conference Opening Plenary <i>Julianne Holt-Lunstad, PhD</i> "Social Connection as an Underappreciated Determinant of Health and Wellbeing"	8:15-9:30 AM Anne & Ramon Alonso Presidential Plenary <i>Lorraine Wodiska, PhD, ABPP-F, CGP, AGPA-F</i> "This is Your Pilot Speaking. Buckle Your Seatbelts: We Expect Turbulence Ahead"		10:00 AM-4:30 PM All-Day Courses and Workshops	10:00 AM-4:30 PM All-Day Courses and Workshops	9:30 AM-12:00 Noon 2 1/2 Hour Workshop & Open Sessions
				10:00 AM-12:30 PM 2 1/2 Hour Workshop & Open Sessions		10:00 AM-12:30 PM 2 1/2 Hour Workshop & Open Sessions	11:00 AM-12:30 PM 90-Minute Workshops	
12:00 Noon-2:00 PM Lunch	12:30-2:30 PM Lunch	11:30 AM-1:30 PM Lunch	12:30-2:00 PM Lunch	12:30-2:00 PM Lunch	12:00 Noon-2:00 PM Group Foundation Luncheon			
2:00-5:00 PM Special Institute Presentations Continue	2:30-5:30 PM General and Specific Focus Process Group Experience Sections	1:30-4:30 PM General and Specific Focus Process Group Experience Sections	2:00-4:30 PM 2 1/2 Hour Workshop & Open Sessions	2:00-4:00 PM 2 1/2 Hour Workshop & Open Sessions	2:00-3:30 PM Large Group			
			3:00-4:30 PM 90-Minute Open Sessions	3:00-4:30 PM 90-Minute Open Sessions		3:45-4:30 PM Conference Participant Evaluation Meeting		
5:16-6:15PM 12-Step Recovery Meeting	5:45-6:45PM 12-Step Recovery Meeting	4:45-5:30 PM Institute Participant Evaluation Meetings	4:45-6:00 PM Large Group	4:45-6:00 PM Large Group	4:45-6:00 PM Closing Reception			
		5:45-6:45 PM 12-Step Recovery Meeting	6:15-7:15 PM 12-Step Recovery Meeting	6:15-7:15 PM 12-Step Recovery Meeting				
	7:00 PM No Host Dinner for New Members & CGPs and First-Time Attendees	6:00-7:30 PM Tri-Organizational Awards Ceremony	6:15-7:30 PM Membership Community Meeting	6:15-7:30 PM Memorial Session				
			7:30 PM No Host Dinner for Conference Attendees	9:00 PM Group Foundation Dance Party				

Monday, February 26, 9:00 AM-12:00 Noon and 2:00-5:00 PM

SI-1 Fractures and Integration: Therapeutic Work with Forced Migrants and Survivors of Torture

Instructors: Adeyinka Akinsulure-Smith, PhD, ABPP and Hawthorne Smith, PhD

Our work has focused on helping forced migrants to overcome their past trauma and to start new, viable lives in a context of safety and mutual support. Reconnecting to community and feeling part of something larger is a key ingredient to this healing process. Group therapy plays a significant role in interdisciplinary approaches that facilitate survivors' ability to thrive, and not merely survive, in their new society.



Dr. Akinsulure-Smith is a tenured Professor of Psychology at the City College of New York, the City University of New York (CUNY) and at the Graduate Center, CUNY. She is Board Certified in Group Psychology by the American Board of Professional Psychology (ABPP). She has cared for forced migrants, as well as survivors of torture, armed conflict, and human rights abuses from around the world at the Bellevue Program for Survivors of Torture since 1999. In addition to her teaching, research, and clinical work, Dr. Akinsulure-Smith is the recipient of several grants and publishes extensively in high impact, peer reviewed journals. In 2022, she was presented with the American Board of Professional Psychology Citizen Psychologist for Social Justice Award.



Dr. Hawthorne Smith is a licensed psychologist and Director of the Bellevue Program for Survivors of Torture. He is an Associate Clinical Professor at the NYU School of Medicine and serves as President of the National Consortium of Torture Treatment Programs. He has facilitated a support group for Francophone African survivors of torture for the past 27 years. He trains extensively on providing clinical services for survivors of socio-

political violence and enhancing cross-cultural clinical skills among therapeutic service providers. He is also a professional musician (saxophonist and vocalist) with national and international experience.

SI-2 Thinking Existentially: Living Authentically in Turbulent Times

Instructor: Farooq Mohyuddin, MD, CGP, FAPA, AGPA-F

This presentation will focus on the existential concerns as they present in group psychotherapy. Existential concerns are present in all groups however depending on the group focus and the therapist lens they may or may not be addressed in the group. In this Special Institute we will use didactics, demonstration groups, and discussion to elucidate how thinking existentially/ living authentically in the group can address the existential concerns of our patients.



Dr. Farooq Mohyuddin is the Chair of Psychiatry Training and Director of Psychiatry Residency Training Program at Saint Elizabeth's Hospital, Washington, DC, and maintains a private practice in Alexandria, Virginia. Dr. Mohyuddin is past Chair of the National Group Psychotherapy Institute, Washington School of Psychiatry, and a Past President of Washington Psychiatric Society and the Mid-Atlantic Group Psychotherapy Society. He is an Assistant Clinical Professor of Psychiatry at George Washington University School of Medicine and on the faculty in the Department of Psychiatry at Howard University School of Medicine. His primary interests include medical education and group psychotherapy. He is a member of the Administration and Leadership Committee of the Group for the Advancement of Psychiatry, a national think tank. He is also the Co-Chair AGPA's Public Affairs Committee. Dr. Mohyuddin has presented and published on a wide range of topics in psychiatry. In 2021, he was awarded the Harold S. Bernard Group Psychotherapy Training Award for outstanding contributions to group therapy education and training. He received the Exceptional Leadership award from Washington Psychiatric Society in 2021 and named Psychiatrist of the Year by the Washington Psychiatric Society in 2023.

Continuing Education Credits for Special Institute Presentations: 6.0 credits/.6 units

Institute Opening Plenary - Tuesday, February 27, 8:00-9:00 AM

AGPA Institutes as Adventures in Learning Group Psychotherapy

Featured Speaker: Nina Brown, EdD, LPC, NCC, AGPA-DLF

The presentation provides a suggested frame for what participants may expect and gain from the Institutes. The frame includes an emphasis on self-development, the use of fairy tale symbols to understand the developmental and existential experiences, to better understand personal feelings that may be triggered, the possible impact of undeveloped and healthy adult narcissism, and group factors to observe. Institutes are intended to be educational and training experiences, and while some experiences may be therapeutic, the primary focus and intent remains on education and training.



Dr. Nina Brown is Eminent Scholar at Old Dominion University. She has served in that role for over 30 years as an outstanding educator and supervisor. Her foci have centered upon the theory and practice of group counseling, evident in the breadth of her teaching at the Masters and Doctoral level and in her publication record. Dr. Brown is likely the world leading scholar in the use of psychoeducational groups. Ten of her 35 books, many of which have been updated into second and third editions because of high demand address this area. Her textbook, *Psychoeducational Groups*, is a thoughtful and wise guide to this growing area of practice. Her work is informed by her depth psychological understanding and her enormous practical clinical sensibility. In addition to this virtual library of texts, Dr. Brown has published nearly 50 peer reviewed publication in journals such as the International Journal of Group Psychotherapy, Psychological Reports, Journal of Contemporary Psychotherapy, and Group.

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Within AGPA, Dr. Brown has served as Secretary of the Association, Member of the Board of Directors of AGPA and has presented very well-regarded Institutes and workshops at our annual meeting and at local affiliates. In addition to her work on group therapy and group leadership, she has been an articulate and effective voice for inclusion, diversity and the advancement of multicultural competence. Her psychological and educational clinical and academic work has consistently addressed barriers to success, at the level of the individual, group or institution. She was recognized in 2020 as a Distinguished Fellow of AGPA in light of her achievement and contributions. Most significant is Dr. Brown's key leadership role in the successful petition to APA to have group therapy recognized officially as a specialty.

The Two-Day Institute is designed for clinical professionals who meet the requirements of at least a master's degree in a mental health profession and who have clinical psychotherapy experience. However, many sections of the Institute welcome psychiatric residents and graduate students in mental health degree programs as well as mental health workers who work in a range of human service settings. Please register for a section consistent with your experience. The Institute is scheduled over two full days: Tuesday, February 27, 9:30 AM-5:30PM and Wednesday, February 28, 8:30 AM-4:30 PM (Eastern). Registration will only be accepted for the full two days and registrants will be expected to attend both days, including the Institute Opening Plenary Session on Tuesday. Continuing Education credit will not be awarded for partial attendance. Devoted to small group experiential teaching, these two-day groups are led by carefully selected experienced instructors. The secure environment of these small groups allows for rich cognitive and emotional learning about group processes and oneself as well as an opportunity for personal and professional renewal.

The Institutes are not designed or intended to provide a psychotherapy experience. It is important for registrants to create a safe learning experience for themselves and others by monitoring their level of affective vulnerability and self-disclosure. We encourage participants to focus on their "here-and-now" experience and to be intentional about learning about themselves both as members and leaders as well as enhancing their skills for group facilitation.

The Institute consists of two sections:

■ **General Process Group Experience Sections:** These small groups provide participants an environment in which to obtain, expand, and retain their skills in conducting group therapy. The group psychotherapy skills gained are important in conducting any group, regardless of its theoretical orientation, time parameter or patient population. GPGE sections are essential training and benefit the participants, both personally and professionally. A portion of each GPGE will be didactic. **Registration maximum of 12 participants will be accepted per group.**

■ **Specific Focus Process Group Experience Sections:** These groups offer intensive learning about specific theories and approaches in group treatment. Registrants can pursue current interests in greater depth or learn ways of integrating new approaches and methods into their private practice, clinic, or agency work. Most of the SFPGE Sections have extensive experiential components. **Registration maximum (14-20 registrants) has been set by each instructor.**

Observation and Evaluation: Institute sections will be observed by Institute Committee members. Registrants will be asked to complete evaluation questionnaires, designed to aid us in continuing to provide high quality meetings, upon conclusion of their attendance at events.

Continuing Education for Two-Day Institute Sections: 13.0 credits/1.30 units

Below are the listings of the two types of Institutes: General Process Group Experiences (GPGE) and Specific Focus Process Group Experience Sections (SFPGE). The GPGE participants acquire general therapy skills relevant to leading groups by participating in a process-oriented group. SFPGE Sections offer participants a chance to explore a particular theme in greater depth or to learn a new theoretical approach. For SFPGE Sections, previous participation in a GPGE is recommended but not required. Members agree to attend the entire group, to participate actively, and to respect the privacy of the other members. After attending an Institute, participants will be able to identify various aspects of group process and dynamics. These groups provide an important opportunity for experiential learning and growth. Please Note: Dual relationships can hinder learning and could impact the experience for you and others. Those with dual relationships should consider NOT registering for the same Institute.

GENERAL PROCESS GROUP EXPERIENCE (GPGE) SECTIONS

I-A. GENERAL PROCESS GROUP EXPERIENCE

Entry Level

Less than 4 years of group psychotherapy leadership experience

Instructors:

- Karin Bustamante, PsyD, LPC, CGP
- Rita Drapkin, PhD, CGP
- Michael Frank, MA, LMFT, CGP, AGPA-LF
- Jennifer “Jen” Joseph, PsyD CGP
- Paul LePhuoc, PhD, CGP
- Suzanne Phillips, PsyD, CGP, AGPA-DF and Rachelle Rene, PhD, BCB, HSM, CGP, AGPA-F
- Barry Wepman, PhD, CGP, AGPA-LF

Intermediate Level

4-9 years of group psychotherapy leadership experience

Instructors:

- Miguel Lewis, PsyD, CGP
- Stacy Nakell, LCSW, CGP
- Brandon “Diggs” Williams Sr., BSW, MSW

Advanced Level

10+ years of group psychotherapy leadership experience

Instructors:

- Paul Berkelhammer, MA, LMHC, CP, CGP
- Robert “Bob” Berley, PhD, CGP, AGPA-LF
- Elaine Cooper, LCSW, PhD, CGP, AGPA-DF
- Gregory “Greg” MacColl LCSW, CGP
- Judith R. Schaer, LCSW, MSW, CGP, AGPA-LF

I-B. PROCESS GROUP EXPERIENCE SECTION WITH MIXED LEVELS OF EXPERIENCE

Instructors:

- Cindy Miller Aron, MSW, CGP, AGPA-F
- Vincent “Vinny” Dehili PhD, ABPP, CGP
- Leonardo “Leo” Leiderman, PsyD, ABPP, FAACP, CGP, AGPA-F
- Katherine Mitchell, PsyD, ABPP, CGP
- Britt Raphling LCPC, MA, CGP

I-C. PROCESS GROUP EXPERIENCE SECTION FOR SELF-IDENTIFIED PEOPLE OF COLOR (MIXED LEVELS OF EXPERIENCE)

Instructor:

- Donna Harris, MA, LCSW, CGP and Marceè Turner, PhD, CGP

I-D. TWO-YEAR CONTINUOUS SECTION

Registration for this section assumes attendance at two consecutive AGPA Connect Meetings.

Instructors:

- Jamie Moran, MSW, LCSW, CGP
(This is the 2nd and final year of this group; new participants will not be accepted.)
- Shari Baron, MSn, CNS, CGP, AGPA-LF
(This is the first year of this group; new participants will be accepted)

SPECIFIC FOCUS PROCESS GROUP EXPERIENCE (SFPGE) SECTIONS

II.	Acceptance, Attunement, and Emotional Receptivity: Welcoming the Whole Self in Group Jeffrey “Jeff” Hudson, MEd, LPC, CGP, AGPA-F
III.	Attachment-Focused Somatic Experiencing Group Psychotherapy Carlos Canales, PsyD, CGP, AGPA-F, SEP™
IV.	Attending to Grief When a Marriage Ends: Support for Divorcing and Divorced Therapists Oona Metz, LICSW, CGP, AGPA-F
V.	The Co-Creation of Engagement and Intimacy in a Group: A Relational Perspective Sharon Sagi Berg, MA, CGP Ido Peleg, MD, CGP
VI.	Coming Alive: Exploring the Vitalizing Power of Groups Angelo Ciliberti, PsyD CGP AGPA-F
VII.	Decoding Intimacy: Creatively Exploring Group Connections in an Era of Burgeoning AI Scott Conkright, PsyD, CGP Matthew “Matt” Tomatz, LPC, LAC, CGP, AGPA-F
VIII.	Deepening Emotional Experience in Group with ISTDP and Modern Group Analysis William “Bill” Watson, PhD, CGP, FAPA
IX.	Groups as Cultures of Liberation: Unpacking Multi-generational Legacies of Trauma, Historical Trauma, and Addiction Marcia Nickow, PsyD, CADC, CGP Joe Whitlock, BS, CGP
X.	Jungian Approaches to Group Psychotherapy: Midlife and Beyond Justin Hecht, PhD, CGP, AGPA-F
XI.	Leadership That Builds Strong Organizations and Groups By Connecting Across Differences Christine Carpenter, PsyD, CGP Darryl Pure, PhD, ABPP, CGP, AGPA-F
XII.	Living Out Loud: Attuning the Therapist and Group Leader’s Voice Marie Sergent, PhD, CGP, AGPA-F
XIII.	Managing Love and Hate in a Time of Social Crisis Ronnie Levine, PhD, ABPP, CGP, AGPA-F
XIV.	A Modern Analytic Approach to Cultivating Freedom, Pleasure and Connection in Group Alyson Stone, PhD, CGP
XV.	Negotiating Closeness: Building Relationships in a Complex and Often Contentious World Jeanne Bunker, LCSW, CGP, AGPA-F
XVI.	Reconnecting Masculinity David Dumais, LCSW, CGP Craig Haen, PhD, LCAT, CGP, AGPA-F
XVII.	Rupture and Repair in Relational Group Psychotherapy Martha Gilmore, PhD, CGP, AGPA-LF Haim Weinberg, PhD, CGP, AGPA-F
XVIII.	Social Identities, Power and Privilege: How Difference is Essential for Group Cohesion Paul Gitterman, LICSW, MSC, CGP
XIX.	Social Justice & Psychodynamic Group Psychotherapy Kavita Avula, PsyD, CGP Aaron Black, PhD, CGP, AGPA-F
XX.	Strengthening Our Capacity to Live Authentically: How Existential Theory Helps Us Maryetta Andrews-Sachs, MA, LICSW, CGP, AGPA-F; Farooq Mohyuddin, MD, CGP, AGPA-F
XXI.	Systems-Centered Training (SCT): Developing Groups that Transform Our Social Brains Susan P. Gantt, PhD, ABPP, CGP, AGPA-DF
XXII.	Working with the Impact of Power and Privilege on Early Longing, Emotional Engagement and Sexual Desire Joseph Acosta, HA, LPC, CGP, AGPA-F; Katie Griffin, MA, LPC, CGP, AGPA-F

CANCELLED

The Conference is held on **Thursday, Friday, Saturday, February 29-March 2** and includes courses, open sessions, limited registration workshops and special presentations on a variety of topics.

SPECIAL PLENARY PRESENTATIONS

Conference Opening Plenary Thursday, February 29, 8:15-9:30 AM

Social Connection as an Underappreciated Determinant of Health and Wellbeing

Julianne Holt-Lunstad, PhD

Although social connection is widely recognized as a significant contributor to emotional well-being, robust evidence points to widespread health implications. Drawing upon decades of evidence, interdisciplinary data from neuroscience, epidemiology, economics, and others will be presented demonstrating the crucial importance of social connection to the survival and flourishing of humans.



Dr. Julianne Holt-Lunstad is an international scientific expert whose research focuses on the individual and population health effects, biological mechanisms, and effective strategies to mitigate risk and promote protection associated with social connection. Her research has been seminal in the recognition of social isolation and loneliness as risk factors for early mortality.

As the lead scientific editor for a US Surgeon General's Advisory and Framework for a National Strategy, her work also focuses on translating evidence into practice and policy. She serves as a scientific advisor and regularly consults for organizations across sectors aimed at addressing this issue. She has provided expert testimony in a US Congressional Hearing, served as a member of multiple National Academy of Sciences consensus committees, the UK Cross Departmental Loneliness Team, European Joint Research Council, World Health Organization, and a subject matter expert for the Gravity Project, Commit to Connect the national clearinghouse of interventions and the CDC. Her work has been widely recognized within her discipline, including several awards, and is regularly highlighted in major media outlets.

Anne & Ramon Alonso Presidential Plenary Friday, March 1, 8:15-9:30 AM

This is Your Pilot Speaking. Buckle Your Seatbelts: We Expect Turbulence Ahead

Lorraine Wodiska, PhD, FABPP, CGP, AGPA-F

Our conference theme refers to turbulent times. This address will weave together three threads—societal, personal, and respectful responses from AGPA. In each of the seven decades since AGPA began, I will consider the turbulent times we have experienced societally. These will be paired with the events of my life during that period and then related to intentional and thoughtful decisions made by AGPA leadership to create necessary change and growth.



Dr. Lorraine Wodiska is in independent private practice in Arlington, VA and has been working with individuals, couples and groups for over forty years. Currently, she conducts three psychotherapy groups. She taught Basic and Advanced Group at Johns Hopkins University for nearly ten years. Over her career as a psychologist, she has led process groups at Mid-Atlantic Group Psychotherapy Society, and at AGPA. She has presented

group workshops at various venues, including AGPA, DC Psychological Association, Maryland Psychological Association, and a women's homeless shelter. She has been on staff with Carl Rogers. Group size has ranged from 6 to 400 participants. Dr. Wodiska presents at AGPA Connect almost every year on various topics, including: "Teaching Group," "Transgenerational Transmission of Trauma," and "Breaking Group Contracts." Recently, she chaired an AGPA Open Session: "Being a Group Therapist in these Difficult Political Times." One of her very favorite topics is "You Had Me at Hello": Ethical Canine Assisted Psychotherapy" and she and her Shih-Tzu (Stella and/or Teddy) are her co-presenters when she offers these local, regional, and national

workshops. Interestingly, her work with Stella and Teddy led to her interest in Polyvagal Theory and most recently, she has presented extensively on this topic as it relates to conducting groups on Zoom and Internal Bias. Dr. Wodiska is a Fellow and the President Elect of AGPA. She has served as the Co-Chair of the Open Sessions Committee for many years. She is also a Fellow of the American Board of Professional Psychology in Group Psychology (ABGP) and served as a Board Member for over ten years. She is a Past President for the Mid-Atlantic Group Psychotherapy Society (MAGPS).

Mitchell Hochberg Memorial Public Education Event Saturday, March 2, 8:15-9:15 AM

Inclusion's Imperative: Understanding the Root Causes of Health Inequities and their Antidotes

Cynthia de las Fuentes, PhD

This presentation will explore how systems of oppression intersect to produce and reinforce health inequities by design. Dr. de las Fuentes broadens the discourse beyond the topics typically associated with health equity—such as social determinants of health, because those are outcomes that ignore deeper, more complex issues that need to be addressed if we truly want to achieve health equity. The address ends with a call to action—because these systems must be changed for the better of us all.



Dr. Cynthia de las Fuentes earned a Ph.D. in Counseling Psychology from the University of Texas at Austin in 1994. A former tenured faculty and training director of an APA accredited counseling psychology program, since 2007, she has worked in private practice offering sliding-scale consultation, psychotherapy, and forensic evaluations focusing her expert testimony on the victims of hate crimes, racial, gender, and sexual

orientation discrimination and immigration evaluations. Following years of service in multiple psychology associations, she was elected 2024 President of the American Psychological Association.



2024 Conference Schedule

Complete Course Descriptions on AGPA's Web Site: agpa.org

EVENT FORMATS

COURSES: These courses are designed to cover a variety of topics in-depth. One-Day Courses meet in two sections for one full day. Participants must attend all sessions in order to receive continuing education credits. **Course manuals are available for purchase in advance in the AGPA online store.**

Continuing Education: One-Day: 5.0 credits/.5 units

OPEN SESSIONS (300 SERIES): These meetings will be presented in a variety of formats, including panels, papers and demonstrations. Audience participation and exchange with the presenters is encouraged.

2 ½ Hour Sessions: 2.5 credits/.25 units

90-Minute Sessions: 1.5 credits/.15 units

WORKSHOPS (1-100 Series): All-day and half-day meetings provide a context in which participants exchange information among themselves and with the chairperson. These meetings are designed for varying levels of experience including master workshops for senior clinicians and usually include both didactic and experiential learning. Check designations for beginning and master levels (for senior clinicians).

Continuing Education: All-day: 5.0 credits/.6 units; Half-day: 2.5 credits/ .25 units; 90-Minute: 1.5 credits/.15 units

Thursday, February 29

Early Morning Events

7:00-8:00 AM		New Member/CGP, First-Time Attendee Breakfast Spouse/Guest, International Attendee Breakfast		
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Conference Opening Plenary Session

8:15 AM - 9:30 AM	P-TH	Social Connection as an Underappreciated Determinant of Health and Wellbeing <i>Julianne Holt-Lunstad, PhD</i>		
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All-Day Courses	Session #	Title & Presenter	Instructional Level	Experience Level
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10:00 AM-12:30 PM & 2:30-5:00 PM	C1	Core Principles of Group Psychotherapy Part II <i>Mikhail Bogomaz, PsyD, ABPP, CGP, AGPA-F; Shemika M. Brooks, PsyD, CGP, AGPA-F; Karen Cone-Uemura, PhD,CGP; Tevya Zukor, PhD; Katherine M. Zwick, MA, LPCC, CGP</i>	Introductory	N/L
	C2	PSYCHODRAMA: The Magic of Growth and Change <i>Shelley Firestone MD, AGPA-F, PAT; Guy S. Taylor, PhD</i>	Introductory	N/L

All-Day Workshops	Session #	Title & Presenter	Instructional Level	Experience Level
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10:00 AM-12:30 PM & 2:30-5:00 PM	1a	Longing to Belong: Exploring Barriers to Connection and Closeness <i>Allan Sheps, MSW, RSW, CGP, AGPA-F; Joan-Dianne Smith, MSW, RSW</i>	Advanced	10+
	2a	D&D Therapy Groups: Becoming a Collaborative Therapeutic Game Master <i>Samuel Chun; Derek Holyoak; Brett Merrill, PhD, ABPP, CGP</i>	Introductory	N/L
	3a	"How Could You Think That?": Understanding our Varied Responses to Incidents of Racism <i>Christina M. Douyon, PhD; Amanda Weber</i>	Intermediate	N/L
	4a	Working with Aggression and Vulnerability in Groups - A Modern Analytic Approach <i>Laura Kasper PhD, CGP; Shanon Sitkin, MA, LMFT, CGP</i>	Introductory	N/L
	5a	Post-Traumatic Growth, TSM Psychodrama & Expressive Art Therapy <i>Steven Durost; Kate Hudgins</i>	Intermediate	4+

2.5 Hour Morning Open Sessions	Session #	Title & Presenter	Instructional Level	Experience Level
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10:00 AM-12:30 PM	301	The Struggle is Real, The Time is Now, and Our Work is Mandatory: The Life-Altering Effects of an Anti-Racist, White+ Affinity Reading Group <i>Susan Convery, LMSW; Capi A. Landreneau, MSW, LCSW, CGP; Rita G. Drapkin, PhD, CGP; Grace Weinstein, LCSW; Sue Barnum LPCC, TEP,C GP-R, MA; Donald E. Jones PhD, MEd; Patricia B. "Trish" Flaherty, LCSW, CADC, CGP; Nadia Greenspan, LPCC, NCC, CGP; Yong Xu, MD, CGP, AGPA-F; Tamara Roth, CADC</i>	Introductory	N/L
	302	Balint Groups: An Opportunity for Clinicians to Explore Countertransference and Experience New Possibilities <i>Kathleen H. Ulman, PhD, CGP, AGPA-DLF; Katherine Margo MD; Eran D. Metzger MD; Jeffrey L. Sternlieb, PhD</i>	Introductory	N/L
	303	Group Psychotherapy with Addicted Populations, An Integration of Theory and Practice <i>Barney Straus, MSW, MA, CGP, AGPA-F; Jeffrey D. Roth, MD, CGP, AGPA-F; Philip J. Flores, PhD, ABPP, AGPA-LF</i>	Intermediate	N/L

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Thursday, February 29				
2.5 Hour Morning Workshops	Session #	Title & Presenter	Instructional Level	Experience Level
10:00 AM-12:30 PM	6	Racism on the Couch <i>Willard W. Ashley Sr., DMin, CGP, SCP, NCPsyA</i>	Introductory	N/L
	7	Bringing More Here-and-Now Activation and Illumination in Your Therapy Groups <i>Nathaniel W. Page, PhD, LP, CGP</i>	Introductory	N/L
	8	“Promoting our Colleagues’ Wellbeing: Group Work During the Pandemic with Healthcare Providers <i>Molyn Leszcz, MD, FRCPC, CGP, AGPA-DF</i>	Intermediate	N/L
	9	Lacerations: How Group Agitates Early Wounds <i>Tzachi Slonim, PhD, ABPP, CGP</i>	Advanced	4+
	10	“Am I my Siblings Keeper?” An Exploration of Sibling Dynamics: How They Influence the Roles we Take and the People we Become in Groups <i>Brett E. Kociol, PsyD; Yair Kramer, PsyD, CGP; Terri Lipkin; Benjamin W. Mueller, PsyD</i>	Intermediate	N/L
	11	Coping with Aging and Ageism in Ourselves and Others: Moving from Resignation to Engagement <i>Kenneth Schwartz, MD, FRCPC; Shayne A. Vitemb, MA, LMFT, CGP</i>	Advanced	10+
90-Minute Morning Workshops	Session #	Title & Presenter	Instructional Level	Experience Level
11:00 AM - 12:30 PM	12-5	Who is More Afraid? Leaders or Members, Starting a New Psychotherapy Group <i>John Echevarria; Alexis Herman, PsyD; Brooke Stroud</i>	Introductory	N/L
	13-5	Process Groups During Training in Psychiatry – Challenges and Opportunities <i>Seamus Bhatt-Mackin, MD, CGP, AGPA-F; Meenakshi Denduluri, MD; Charles S. Pohl, MSW, CGP, AGPA-F</i>	Intermediate	N/L
	14-5	The Dialectic of Intersectional Identities: Acknowledgement and Dialogue <i>Michele D. Ribeiro, EdD, ABPP, CGP, AGPA-F; Sheela Reddy, MS, EdD, ACPEC, ACC</i>	Intermediate	<4
	15-5	Groups Therapy for Patients with Psychosis <i>Nick A. Kanas, MD, AGPA-F</i>	Intermediate	N/L
Lunch Break – 12:30 PM - 2:00 PM				
2.5 Hour Afternoon Open Sessions	Session #	Title & Presenter	Instructional Level	Experience Level
2:00-4:30 PM	304	“What Did I Miss and Why Did I Miss It?”: Unresolved Attachment Pressures, Narcissistic Burdens, and Sociocultural Insensitivity in the Group Therapist <i>Joseph J. Shay, PhD, CGP, AGPA-LF; Stewart L. Aledort, MD, AGPA-F; Janice M. Morris, PhD, ABPP, CGP, AGPA-F; Sejal Patel, PsyD, ABPP, CGP</i>	Intermediate	N/L
	305	The Power of Online Training Process Groups for Therapists: Benefits and Challenges <i>Haim Weinberg, PhD, CGP, AGPA-F; Martha L. Gilmore, PhD, CGP, AGPA-LF; Carlos Canales, PsyD, CGP, AGPA-F, SEP™; Nathaniel W. Page, PhD, LP, CGP</i>	Introductory	N/L
	306	When the Individual Therapist is also the Group Leader: The Challenges and Benefits of Combined Treatment <i>Maryetta K. Andrews-Sachs, MA, LICSW, CGP, AGPA-F; Aaron E. Black PhD, CGP, AGPA-F; Kenji K. Kuramitsu, MDiv, LCSW, CGP; Annie Weiss, LICSW, CGP, AGPA-F; Ellen Wright, PhD</i>	Intermediate	N/L

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2024 Conference Schedule

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Thursday, February 29				
2.5 Hour Afternoon Workshops	Session #	Title & Presenter	Instructional Level	Experience Level
2:00-4:30 PM	16	Thinking and Talking About Race in Interracial Relationships <i>Robert "Dr. Bob" Hsiung, MD, AGPA-F; Susan Convery, LMSW</i>	Introductory	N/L
	17	How to Publish Group Research, Theory, and Practice: The Basics <i>Cheri L. Marmarosh, PhD, FAPA, AGPA-F</i>	Introductory	N/L
	18	Management of Suicidal Clients for the Group Therapist <i>Tony L. Sheppard, PsyD, ABPP, CGP, AGPA-F</i>	Intermediate	N/L
	19	Pulling Together: The Teamwork of Group <i>David Rothauer</i>	Intermediate	N/L
	20	Don't Let It Ruin Your Ride <i>Lisa Stern, PhD, ABPP</i>	Intermediate	N/L
	21	Compassion Focused Therapy Groups: Helping Clients Connect with Compassion <i>Derek Griner, PhD, ABPP, CGP; Hiu Wai Yoko "Yoko" Caldwell; Klinton "Klint" Hobbs, PhD; Kristina Hansen, PhD, CGP, Natalie Kirtley, PhD</i>	Intermediate	N/L
90-Minute Afternoon Open Sessions	Session #	Title & Presenter	Instructional Level	Experience Level
3:00-4:30 PM	307-5	No More Lonely Islands: Using Group Skills to Build Meaningful Community <i>Stephanie Vail, LMFT, CGP</i>	Introductory	N/L
	308-5	MASTER'S CLASS: From the Andes to the Couch: A Journey from Coffee Fields through Religion to Psychoanalysis <i>Macario Giraldo, PhD, AGPA-F</i>	Introductory	N/L
	309-5	When the group is stuck in NOTHINGNESS (a suggestion for a 7th Basic Assumption) <i>Daphna Bahat</i>	Intermediate	N/L
	310-5	Attachment and DBT: Culturally Responsive Mindfulness Groups for Struggling Families with Children <i>Mary Baldwin</i>	Introductory	N/L
	311-5	SPACE Treatment Groups for Parents: A Promising Approach to the Treatment of Anxiety in Children and Adolescents <i>Thomas Hurster, MSS, LCSW, AGPA-F</i>	Intermediate	N/L
Large Group	Session #	Title & Presenter	Instructional Level	Experience Level
4:45-6:00 PM	LG-1	Large Groups in Transition <i>Joshua DeSilva, PsyD, CGP (lead), Diana Castañeda, MA, LCPC, Jackie Darby, PsyD, CGP; Kathleen Isaac, PhD, CGP</i>		N/L
6:15-7:30 PM		Membership Community <i>Presiding: Gary Burlingame, PhD, CGP, AGPA-DF, AGPA President</i>		

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Friday, March 1					
Early Morning Events					
7:00-8:00 AM		Fellows Breakfast			
Anne & Ramon Alonso Presidential Plenary Session					
8:15 AM - 9:30 AM		P-FR	This is Your Pilot Speaking. Buckle Your Seatbelts: We Expect Turbulence Ahead <i>Lorraine B. Wodiska, PhD, ABPP-F, CGP, AGPA-F</i>		
All-Day Courses	Session #	Title & Presenter		Instructional Level	Experience Level
10:00 AM-12:30 PM & 2:30-5:00 PM	C3	Focused Brief Group Therapy: An Overview of the Approach <i>Martyn Whittingham, PhD, AGPA-F</i>		Introductory	N/L
	C4	Integrative Cognitive Behavioral Group <i>Greg A. Crosby, MA, LPC, CGP, AGPA-F</i>		Introductory	N/L
All-Day Workshops	Session #	Title & Presenter		Instructional Level	Experience Level
10:00 AM-12:30 PM & 2:30-5:00 PM	22a	Improvisation for Decolonization: The Role of Improvisation in Ethical Decision-making Around Cultural Competence, Social Justice, and Anti-Racism <i>Lisa Kays, MSW</i>		Introductory	N/L
	23a	Activating Psychodramatic Autonomous Healing Center in Groups with Motivation Science <i>Ozge Kantas, PhD</i>		Intermediate	N/L
	24a	Expressive Arts as an Avenue for Communicating with Others and Oneself <i>Daniella Bassis, PsyD; Idit Tevet, PsyD; Marcia Honig, PsyD; Orit Even Shoshan-Reshef, PsyD</i>		Introductory	N/L
	25a	Trauma-Informed Principles in Psychodrama and Group Therapy <i>Scott Giacomucci, DSW, LCSW, BCD, TEP, CGP</i>		Intermediate	Experience Level
2.5 Hour Morning Open Sessions	Session #	Title & Presenter		Instructional Level	Experience Level
10:00 AM-12:30 PM	312	I am a Nomad: Identity and Difference in Group Life <i>Francis Kaklauskas, PsyD, CGP, AGPA-F; Sophia Aguirre, PhD, CGP, AGPA-F; Karen Cone-Uemura PhD, CGP; Leonardo (Leo) M. Leiderman, PsyD, ABPP, FAACP, CGP, AGPA-F; Marcée M. Turner, PhD, CGP,</i>		Introductory	N/L
	313	Group Psychotherapy Research for Practitioners (Research SIG Open Session) <i>Joseph R. "Joe" Miles, PhD</i>		Introductory	N/L
	314	Suicide Prevention for Children and Adolescents Using Theatre and Community Engagement <i>Callie Hogan, MS, LPC; Jake Miller; Craig W. Stevens, PhD, CGP</i>		Intermediate	N/L
2.5 Hour Morning Workshops	Session #	Title & Presenter		Instructional Level	Experience Level
10:00 AM-12:30 PM	26	Shame and Pain Addressing the Sticking and Break Points that Inhibit Anti-Racist Practice Within the Frame <i>Aziza A. Belcher Platt, PhD; Craig Haen, PhD, LCAT, CGP, AGPA-F</i>		Intermediate	N/L
	27	The Power of Presence in Group Therapy: Harnessing Authenticity and Vulnerability through the Therapist's Use of Self <i>Kurt L. White, LICSW, CGP, AGPA-F; Madeline "Maddie" Freeman, LICSW</i>		Intermediate	4+
	28	Bring Back Your Grandmother's Personal Growth Group: Enhancement of Human Potential, Creativity, Democratic Values and Social Justice using the Techniques of Humanistic Psychotherapy <i>Mary W. Nicholas, PhD, LCSW, CGP, AGPA-F</i>		Intermediate	N/L
	29	The Bodies in the Room <i>Anna Packard, PhD, CGP; Jill Lewis, MA, LCSW, CEDS-S, CGP</i>		Intermediate	N/L
	30	I'd Rather Go Out for Tacos: Our Emotional Resistance to Climate Change <i>Anna Graybeal, PhD, CGP</i>		Introductory	N/L
	31	Deepening Connection in the Here-and-Now: Integrating Contemporary Models to Catalyze Healing in Groups <i>Annie Weiss, LICSW, CGP, AGPA-F</i>		Intermediate	4+

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Friday, March 1				
90-Minute Morning Workshops	Session #	Title & Presenter	Instructional Level	Experience Level
11:00 AM-12:30 PM	32-5	AI x Mental Health <i>Helen Chao, LCSW</i>	Introductory	N/L
	33-5	Can Bruce Springsteen's Female Fans Enhance Our Understanding of Groups, Therapy, Belonging, Community, and Involvement? <i>Lorraine Mangione, PhD</i>	Intermediate	N/L
	34-5	Creating Safe Spaces for Marginalized Populations at University Counseling Centers <i>Ciera Lewis; Olivia Scott; Markie Silverman, PhD, LP</i>	Introductory	N/L
	35-5	Beyond Recovery - Using Group to Build Resilience in Face of Ongoing Trauma and Race-Based Medical Inequities <i>Suzanne B. Phillips, PsyD, CGP, AGPA-DF; Rachelle Rene, PhD, BCB, HSM, CGP, AGPA-F</i>	Intermediate	N/L
Lunch Break – 12:30 PM - 2:00 PM				
2.5 Hour Afternoon Open Sessions	Session #	Title & Presenter	Instructional Level	Experience Level
2:00-4:30 PM	315	The Ethical and Clinical Pros and Cons of Dual Relationship in Group Therapy <i>Carlos Canales, PsyD, CGP, AGPA-F, SEP™; Lee Kassan, MA, CGP, AGPA-LF; Robert "Rob" Pepper, LCSW, PhD, CGP, AGPA-F; Gil Spielberg, PhD, ABPP, CGP, AGPA-F</i>	Intermediate	N/L
	316	Using a Play to Explore Themes of Moral Injury and Bearing Witness in Group Therapy <i>Constance Cannon; Lee Futrovsky; Shoba Nayar BA; Matthew Schottland; Robert E. "Bob" Schulte, MSW, CGP, AGPA-F; Rob Williams, MSW, CGP</i>	Advanced	N/L
	317	Chaos, Terror, Rage, Despair: Groups as Agents for Harmony Amid the Collective Traumas of Systemic Racism, Oppression, Violence on a Grand Scale, War, Political Upheaval and Corruption <i>Stephanie Friedman, MD; Marcia S. Nickow, PsyD, CADC, CGP; Nelly Katsnelson, MD, CGP; Rachael A. Kaplan,</i>	Intermediate	N/L
2.5 Hour Afternoon Workshops	Session #	Title & Presenter	Instructional Level	Experience Level
2:00-4:30 PM	36	Daniel-ing' in the Lion's Den: Working with Aggression Towards the Group Leader <i>Andrew M. Eig, PhD, ABPP</i>	Intermediate	N/L
	37	Belonging - Exploring Your Belongings <i>Teresa Lee, MD, CGP</i>	Intermediate	N/L
	38	Best Practices in Using Activities with Groups <i>Barney Straus, MSW, MA, CGP, AGPA-F; Edward Jacobs</i>	Intermediate	N/L
	39	Challenges and Successes in Adolescent Therapy Groups- A Consultation Opportunity <i>Seth M. Aronson, PsyD, CGP, AGPA-F, Thomas K. "Tom" Hurster, MSS, LCSW, AGPA-F; Andrew P. "Andy" Pojman, EdD, CGP, AGPA-F</i>	Intermediate	N/L
	40	On Being "Full of Beans": Uses of Poetry in Older Adult Groups <i>George M. Saiger, MD, AGPA-LF; Lauren M. Mazow Boyle, PhD; Peggy O. Heller, PhD, RPT, MSW</i>	Intermediate	N/L

CANCELLED

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Friday, March 1				
90-Minute Afternoon Open Sessions	Session #	Title & Presenter	Instructional Level	Experience Level
3:00-4:30 PM	318-5	The Therapeutic Inclusion Program – Groups in Schools <i>Michael Murray, LMHC, Med</i>		
	319-5	MASTER'S CLASS: Carefully Crafting One's Group Self as a Healing Instrument <i>Bonnie J. Buchele, PhD, ABPP, CGP, AGPA-DF</i>		N/L
	320-5	Continuous Online Group: Transmodal, Transcognitive, Transformative <i>Robert "Dr. Bob" Hsiung, MD, AGPA-F; Hicham Jabrane, BSc, MSc, MBACP; Maria Puschbeck-Raetzell; David A. Songco, PsyD, LP, CGP, AGPA-F; Joseph E. "Joe" Wise, MD, CGP</i>	Intermediate	N/L
	321-5	Catch Them After They Fall: Grief and Attachment Group Work Following Tragedy and Loss <i>Ben White, LCSW, CGP</i>	Intermediate	N/L
	322-5	Groups in the Workplace: The Practical Application of Group Theory in Interdisciplinary Treatment Teams <i>Sydney M. "Syd" LeFay, DO</i>	Intermediate	N/L
Large Group	Session #	Title & Presenter	Level	Experience Level
4:45 - 6:00 PM	LG-2	Large Groups in Transition <i>Joshua DeSilva, PsyD, CGP (lead), Diana Castañeda, MA, LCPC, Jackie Darby, PsyD, CGP; Kathleen Isaac, PhD, CGP</i>		N/L
6:15-7:30 PM		Memorial Session A time to commemorate members of the AGPA family we have lost this past year.		
9:00 PM		Group Foundation Dance Party This event is included with the Six-Day and Five-Day Institute and Conference packages or Three-Day Conference registration.		

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Saturday, March 2				
Mitchell Hochberg Memorial Public Education Event				
8:15 AM - 9:15 AM	P-SA	Inclusion's Imperative: Understanding the Root Causes of Health Inequities and their Antidotes <i>Cynthia de las Fuentes, PhD</i>		
Morning Open Sessions (2.5 Hour Open Sessions)	Session #	Title & Presenters	Instructional Level	Experience Level
9:30 AM-12:00 PM	323	Louis R. Ormont Event: The Dream of Group Psychotherapy: Integrating Object Relations and Archetypal Approaches to Group Psychotherapy <i>Justin B. Hecht, PhD, CGP, AGPA-F</i>		N/L
	324	Evolving Group Through the Experience of Performance: Developing New Models and Entering Non-traditional Settings <i>Cindy M. Aron MSW,CGP, FAGPA, David A. Heilman, Psy.D., David A. Songco, PsyD, LP,CGP,AGPA-F, Matthew "Matt" Tomatz, LPC,LAC,CGP,AGPA-F</i>	Intermediate	N/L
	325	Adolescent DND Group Therapy: Considerations & Contemplations <i>Anthony Gobbo, MD, Vincent "Vince" Wong</i>	Introductory	N/L
Morning Workshops (2.5 Hour Workshops)	Session #	Title & Presenters	Instructional Level	Experience Level
9:30 AM-12:00 PM	41	An Exploration of Fears and Fantasies of the Unknown: Group Process and Unidentified Anomalous Phenomena (UAP) <i>Simon Bresler, LCSW,CGP</i>	Introductory	N/L
	42	Therapists as Racial Beings Leading Groups with People of Color Across the Lifespan Part 2 <i>Archandria Owens, Kathleen Isaac, PhD,CGP, Rachelle Rene, PhD,BCB,HSM,CGP, FAGPA, Robin M. Dean, PsyD</i>	Intermediate	N/L
	43	Examining Social Injustice Using the Oneness Framework <i>Adina Hodge-Jefferson, Paul White Ph.D., LMFT, Paula De Franco, MBA,PhD</i>	Intermediate	N/L
	44	Difficult People, Defensive Process, and Countertransference: Using the Unique Properties of Group <i>Kenneth M. "Ken" Pollock, PhD, CGP</i>	Advanced	4+
	45	Chasing Enigma, Risking Desire: The Draw Toward the Other in Group <i>Pamela M. "Pam" Nilsson, PhD, CGP</i>	Intermediate	N/L
	46	Cognitive Behavioral Psychodrama & Process Group Therapy: A Blended Experiential Model <i>Hanieh Abeditehrani, Joseph G. "Joe" Williams, MSW MEd, Thomas "Tom" Treadwell, EdD,TEP,CGP,AGPA-F, APA-F</i>	Introductory	N/L
	47	Bibliodrama: Enlivening Spiritual Texts for Psychological and Spiritual Awareness <i>Shelley Firestone MD, AGPA-F, PAT; Sue Barnum MA, LPCC, TEP, CGP-R</i>	Introductory	N/L
	48	Integrating Arts (Poetry and Paintings) in Group Analysis: Exploring a new Matrix-Language <i>Marcia Honig, PsyD; Konstantinos Liolios</i>	Intermediate	N/L
	49	Conflict, Competition and Camaraderie: Creating Deeper Contact in Men's Process Groups <i>Andrew M. Susskind, LCSW, SEP, CGP</i>	Intermediate	N/L
12:00 Noon-2:00 PM		Group Foundation Luncheon and Performance This event is included with the Six-Day and Five-Day Institute and Conference package or Three-Day Conference registration		
Large Group	Session #	Title & Presenters	Instructional Level	Experience Level
2:00-3:30 PM	LG-3	Large Groups in Transition <i>Joshua DeSilva, PsyD, CGP (lead), Diana Castañeda, MA, LCPC, Jackie Darby, PsyD, CGP; Kathleen Isaac, PhD, CGP</i>		N/L
3:45-4:30 PM		Conference Evaluation Meeting		
4:45-6:00 PM		Conference Closing Reception		

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SATISFACTORY COMPLETION

Your chosen sessions must be attended in their entirety. Partial credit of individual sessions is not available. If you are seeking continuing education credit for a state or specialty not listed below, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.

CERTIFIED GROUP PSYCHOTHERAPISTS (CGP):

Institute and Conference events may be counted towards recertification requirements for the International Board for Certification of Group Psychotherapists on a one hour per one continuing education credit basis. Please note that all continuing education credit events for CGP recertification must be in group psychotherapy.

PHYSICIANS: Accreditation Statement – The American Group Psychotherapy Association (AGPA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Credit Designation Statement - The AGPA designates this live activity for a maximum of 39.0 AMA *PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PSYCHOLOGISTS: American Group Psychotherapy Association is approved by the American Psychological Association to sponsor continuing education for psychologists. AGPA maintains responsibility for this program and its content. Maximum of 39.0 hours.

The following state boards accept courses from APA providers for Counselors: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, IA, ID, IL, IN, KS, KY, MD, ME, MO, NC, ND, NH, NE, NJ, NM, NV, OK, OR, PA, RI, SC, SD, TN, TX, UT, VA, WA, WI, WY

MI: No CE requirements

The following state boards accept courses from APA providers for MFTs: AK, AR, AZ, CA, CO, CT, DE, FL, GA, IA, ID, IN, KS, MD, ME, MO, NE, NC, NH, NJ, NM, NV, OK, OR, PA, RI, SC, SD, TN, TX, UT, VA, WA, WI, WY

MI: No CE requirement

The following state boards accept courses from APA providers for Addictions Professionals: AK, AR, CO, CT, DC, DE, GA, IA, IN, KS, LA, MD, MO, MT, NC, ND, NE, NJ, NM, NY (outstate held)*, OK, OR, SC, UT, VA, WI, WY
MA/MFTs: Participants can self-submit courses not approved by the MAMFT board for review.

The following state boards accept courses from APA providers for Social Workers: AK, AR, AZ, CA, CO, DE, FL, GA, ID, IN, KY, ME, MN, MO, NE, NH, NM, OR, PA, VT, WI, WY

* If the activity is held live in the state of NY, then direct addictions board is required, i.e.: NAADAC. If the activity is held outside NY, is virtual, enduring or remote, it is considered "outstate" and this reciprocity applies.

NY: Amedco is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0031. 39.0 hours.

SOCIAL WORKERS: AGPA, #1064, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an

individual course may be accepted for continuing education credit. AGPA maintains responsibility for this course. ACE provider approval period: 1-27-24 to 1-27-27. Social workers participating in this conference will receive up to 39.0 continuing education credits.

The following state boards accept courses offering ASWB ACE credit for Social Workers: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, ID, IL, IN, IA, KS, KY, LA, ME, MD, MA, MI, MN, MS, MO, MT, NC, ND, NE, NH, NM, NV, OH, OK, OR, PA, RI, SC, SD, TN, TX, UT, VT, VA, WA, WI, WV, WY
* WV accepts ASWB ACE unless activity is live in West Virginia, then an application is required.

The following state boards accept courses offering ASWB ACE credit for Counselors: AK, AR, AZ, CA, CO, CT, DC, FL, GA, IA, ID, IL, IN, KS, MA, MD, ME, MO, ND, NE, NM, NH, NV, OK, OR, PA, TN, TX, UT, VA, WI, WY

AL/Counselors: Activities not providing NBCC approval may be approved by the Board for individual licensees upon receipt of acceptable documentation prior to the activity. Please send course details to your licensing board for approval BEFORE the event. No approvals afterward by the board.

MI: No CE requirement

The following state boards accept courses offering ASWB ACE credit for MFTs: AK, AR, AZ, CA, CO, FL, IA, ID, IN, KS, MD, ME, MO, NC, NE, NH, NM, NV, OK, OR, PA, RI, TN, TX, UT, VA, WI, WY

MA / MFTs: Participants can self-submit courses not approved by the MAMFT board for review.

MI: No CE requirement

The following state boards accept courses offering ASWB ACE credit for Addictions Professionals: AK, CA, CO, CT, GA, IA, IN, KS, LA, MO, MT, ND, NM, NV, OK, OR, SC, WA, WI, WV, WY

NY: Amedco SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0115. 39.0 hours. OH: Social Workers & Marriage & Family Therapists - Activities held OUTSIDE of Ohio and not approved by state or national, participants can submit a post-request to the board for attending (done via CE Broker). OH SW accepts ASWB and OH Counselor accepts NBCC.



NURSES: In support of improving patient care, this activity has been planned and implemented by Amedco LLC and AGPA. Amedco LLC is jointly accredited by the Accreditation Council

for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Nurses (ANCC) Credit Designation

Amedco LLC designates this live activity for a maximum of 39.0 ANCC contact hours for nurses. Learners should claim only the credit commensurate with the extent of their participation in the activity.

COUNSELORS: American Group Psychotherapy Association, Inc. (AGPA) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5675. Programs that do not qualify for NBCC credit are clearly identified. AGPA is solely responsible for all aspects of the programs. Maximum of 39.0 clock hours. NY: Amedco is recognized by the New York State Education

Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0061. 34.5 hours.

ALCOHOL AND DRUG ABUSE COUNSELORS: This course has been approved by AGPA, as a NAADAC Approved Education Provider #62820, for 39.0 CE. AGPA is responsible for all aspects of its programing. This course deals with Counselor Skill Groups: Ongoing Treatment Planning, Counseling Services.

NAADAC covers all states except: CA, IL, OH, PA

HI: No CE requirements

The following state boards accept courses from NAADAC providers for Counselors: AL, AR, AZ, CO, DE, GA, IN, KS, MD, ME, NE, NC, NM, ND, NJ, NV, OR, SC, TN, TX, UT, VA, WI, WY

The following state boards accept courses from NAADAC providers for MFTs: AR, AZ, DE, IN, KS, LA, MD, NC, NE, NJ, NM, NV, OR, SC, TN, TX, UT, VA, WI, WY

MA / MFTs: Participants can self-submit courses not approved by the MAMFT board for review.

The following state boards accept courses from NAADAC providers for Social Workers: AR, AZ, CO, DE, GA, ID, IN, KY, ME, MN, ND, NE, NM, OR, VT, WI, WY

MARRIAGE AND FAMILY THERAPISTS: NBCC approval is accepted by the Marriage and Family Therapy Boards in the following states: AK, AL, AR, AZ, CA, CO, CT, DC, IA, ID, IN, KS, LA, MD, ME, MO, MT, NC, ND, NE, NH, NJ, NM, NV, OK, OR, PA, SC, SD, TN, TX, UT, VA, VT, WA, WV, WY.

MA: This course has been submitted to the New England Association for Family and Systemic Therapy for review.

MN: This course has been submitted to the Minnesota Board of Marriage & Family Therapy for up review.

NY: Amedco is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists. #MFT-0032. 39.0 hours.

OH: Social Workers & Marriage & Family Therapists - Activities held OUTSIDE of Ohio and not approved by state or national, participants can submit a post-request to the board for attending (done via CE Broker). OH SW accepts ASWB and OH Counselor accepts NBCC.

CONTINUING EDUCATION UNITS: Participation in the 2024 Institute and Conference continuing education events carries Continuing Education Units on a one unit per 10 contact hour basis. (Fractional units may be obtained).

How to Register

Use our online registration system for quick and easy registration. The online registration system located on our website (agpa.org) will provide an immediate confirmation of choices. AGPA staff is available to answer your questions by phone Monday-Friday (9:00 AM - 6:00 PM Eastern) toll free at 877-668-AGPA (2472) or call 212-297-2190.

If you require special accommodations to fully participate, please provide a written description of your needs and send to info@agpa.org.

Twelve-Step Recovery Meetings

Members of AGPA who are members of 12-Step fellowships have organized a daily OPEN 12-STEP MEETING during the six-day Annual Institute and Conference. These meetings are open to members of any 12-Step fellowship (AA, OA, NA, GA, Al-Anon and others). They are also open to any member of AGPA interested in exploring recovery for themselves, their family members, or those supporting their colleagues in recovery.

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The Gaylord National Harbor Resort & Convention Center

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833-456-0740

Hotel Room Rate:

\$249.00 single/double occupancy

Online reservation information is available at agpa.org.

Discounts

Military: A 35% discount off registration rates is available to active military clinicians as well as to clinicians and chaplains working with active duty military and veterans.

New Professionals/Students/Residents/Retirees: A 35% discount off registration rates is available. Students/Residents must provide a statement of full-time enrollment. The New Professional fee is applicable to Students/ Residents for three years after date of graduation.

Agency/Institution: The first registration is at the full rate with additional registrations from the same agency at a 35% discount. Registration forms must be forwarded together and accompanied by a listing of the names of registrants on agency letterhead stating personnel are full-time or part-time employees whose sole source of income is from the agency. The letter should also verify that the agency or institution is a non-profit. (Other discounts are not applicable when using an agency/ institutional discount.)

Refund Policy

Cancellations must be submitted in writing by February 6, 2024 and will be subject to a \$50 service charge. Refunds will not be granted after February 6. It is the responsibility of the registrant to cancel whether or not registration confirmation has been received.

AGPA Membership Benefits provide for professional development and continuing education opportunities in all aspects of group psychotherapy to enhance clinical skills and career advancement including...

EDUCATIONAL PROGRAMS

- Priority enrollment and reduced registration fees for AGPA Connect and e-Learning events
- Complimentary registration for year-round e-Learning events
- Complimentary access to AGPA Online Continuing Education Library
- Access to workshops and training programs sponsored by local and regional Affiliate Societies
- Priority consideration for AGPA Connect Scholarships (see agpa.org for details)

WEBSITE: AGPA.ORG

- Brings therapists, students, and clients together
- Provides complete information on AGPA programs and products, gives clients help in locating qualified group therapists
- Access to Members-Only section
- Online E-Directory provides a national collegial referral network of approximately 2,000 group therapists

PUBLICATIONS

- Free subscription to the *International Journal of Group Psychotherapy* and four additional mental health journals
- The *Group Circle* newsletter providing members current professional information and the opportunity for national contacts and collegiality
- *AGPA Group Connections*, our monthly email newsletter, provides AGPA information updates
- The AGPA e-Learning monthly newsletter, keeping you abreast of the exciting online continuing education opportunities available
- Discount on AGPA Curricula and Taylor & Francis publications

RESEARCH & TEACHING

- Consultation on research and design development
- Access to grants and group research opportunities
- Publication opportunities

NETWORKING & PRACTICE DEVELOPMENT

- Special Interest Groups provide a forum for networking and peer support among individuals with similar interests
- Opportunities to develop interdisciplinary contacts internationally for exchange of professional knowledge and skills
- Consultation on developing a group psychotherapy practice
- Obtain national visibility and recognition in your area of professional specialization

LOCAL & REGIONAL AFFILIATE SOCIETIES

- Our local societies across the country offer collegiality, referral networks, training, consultation and supervision