



AMERICAN GROUP  
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GROUP FOUNDATION  
FOR ADVANCING MENTAL HEALTH  
INTERNATIONAL BOARD FOR  
CERTIFICATION OF GROUP  
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## FOR IMMEDIATE RELEASE

### AMERICAN GROUP PSYCHOTHERAPY ASSOCIATION YOUTUBE CHANNEL EDUCATES CLINICIANS AND PUBLIC ON THE BENEFITS OF GROUP PSYCHOTHERAPY

NEW YORK, April 18, 2019- The American Group Psychotherapy Association branded channel on YouTube at <https://www.youtube.com/c/agpa01> provides a wealth of information for clinicians, the public-at-large as well as media seeking expert information on the use of groups. This Association sponsored channel contains videos from experts in group psychotherapy and organizational leaders speaking about the benefits of group psychotherapy and group interventions, in general and for certain populations, as well as the wide variety of current activities of the organization.

Recent videos include:

[#MeToo Movement](#): Women's Special Interest Group Co-Chairs Rachele Rene, PhD, and Carol Ryan, LPC, CAADC discuss the benefits of group therapy for those affected by sexual violence.

[The Immigration/Migration Crisis and the Group Therapy Community](#): Suzanne Phillips, PsyD, ABPP, CGP, FAGPA, Co-Chair, AGPA Community Outreach Task Force & Leonardo Leiderman, PsyD, ABPP, CGP, FAGPA, President, Westchester Group Psychotherapy Society discuss the current crisis at the border and their steps to reach out to those affected.

Additionally, there are featured interviews with leaders in the field focusing on training, research and international outreach:

[Martyn Whittingham Interviews Distinguished Fellow Gary Burlingame](#): Martyn Whittingham, PhD, CGP, FAGPA interviews new Distinguished Fellow, Gary Burlingame, PhD, CGP, DFAGPA, on his journey to become a highly respected psychologist, researcher and leader in the AGPA community.

[Karen Travis Interviews Recipient of the 2019 Group Foundation Social Responsibility Award, Richard Beck](#): Karen Travis, LCSW, BCD, CGP, FAGPA, Chair of Group Foundation for Advancing Mental Health interviews 2019 Social Responsibility Award Recipient, Richard Beck, LCSW, BCD, CGP, FAGPA, on his commitment to national and international trauma response and outreach and training efforts and to AGPA.

[Tony Sheppard Interviews Judith Coché, Recipient of the 2019 Harold S. Bernard Group Psychotherapy Training Award](#): Tony Sheppard, PsyD, CGP, FAGPA, Chairman, International Board for Certification of Group Psychotherapists, interviews 2019 Bernard Training Award Recipient, Judith Coché, PhD, ABPP, CGP, LFAGPA, on her significant contributions to the training and supervision of group psychotherapists throughout her career and the importance of meeting the educational and experience standards to be a Certified Group Therapist.

“Educating the public and clinicians on group therapy is integral to the mission of the AGPA,” said Eleanor Counselman, EdD, CGP, LFAGPA, AGPA President. “This channel is a valuable source of information for the public on how group psychotherapy can help change lives.”

For more information on the channel or on group psychotherapy, or to find out how to participate on the channel, contact AGPA at (212) 477-2677 or visit our website at [www.agpa.org](http://www.agpa.org)

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### *About AGPA*

The American Group Psychotherapy Association (AGPA) is the foremost professional association dedicated to the field of group psychotherapy, operating through a tri-partite structure: AGPA, a professional and educational organization; the Group Foundation for Advancing Mental Health, its philanthropic arm; and the International Board for Certification of Group Psychotherapists, a standard setting and certifying body. AGPA represents over 2,000 mental health professional members including psychologists, psychiatrists, and social workers, as well as mental health, family, and pastoral counselors, many of whom have been recognized as specialists through the Certified Group Psychotherapist credential. Its members are experienced mental health professionals who lead psychotherapy groups and various non-clinical groups. Many are organizational specialists who work with businesses, not-for-profit organizations, communities and other "natural" groups to help them improve their functioning. The Association also has 21 Local and Regional Societies located across the country.

AGPA is committed to supporting the dignity and psychological safety of every individual without discrimination regarding race, ethnicity, gender, religion, sex, age, or disability. Central to our mission is a belief in the power of groups to treat mental illness, heal the scars from traumatic events, and enhance the well-being of adults and children in their families, schools, corporate settings, and communities.

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