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GROUP FOUNDATION
FOR ADVANCING MENTAL HEALTH
INTERNATIONAL BOARD FOR
CERTIFICATION OF GROUP
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FOR IMMEDIATE RELEASE

AGPA RELEASES NEW CORE PRINCIPLES OF GROUP PSYCHOTHERAPY MANUAL

NEW YORK, October 14, 2019 – The American Group Psychotherapy Association (AGPA) announced the publication of *Core Principles of Group Psychotherapy*, edited by Francis J. Kaklauskas, PsyD, FAGPA and Les R. Greene, PhD, CGP, DLFGPA. An integrated theory, research, and practice training manual, this publication is the primary curriculum for the Principles of Group Psychotherapy course that fulfills the educational component of the Certified Group Psychotherapist (CGP) credential awarded by the International Board for Certification of Group Psychotherapists.

This manual launches the new AGPA *Group Therapy Training and Practice* series, produced in collaboration with Taylor and Francis. The series' mission is to produce the highest quality publications to aid the practitioner and student in improving their knowledge, professional competence, and skills with current and new developments in methods, practice, theory, and research, in the group psychotherapy field.

The text is divided into five modules: Foundations; Group Structure and Group Dynamics; Group Formation and Group Development; Group Leadership Tasks and Skills; and Ethics, Neuroscience, and Personal Style. This guide is an essential resource for students and clinicians interested in learning more about group psychotherapy, as a text in academic courses, or as part of a practicum or internship training curriculum. In addition, helping group psychotherapists bolster their skills ensures the availability of quality mental health services.

“Providing the highest quality group psychotherapy education and resources is integral to the mission of AGPA,” said Eleanor F. Counselman, Ed.D., CGP, LFAGPA, AGPA President. “This training manual is a valuable resource for group psychotherapists, establishing and advancing group standards of professional practice, ethics and education.”

Tony Sheppard, Psy.D., CGP, FAGPA, Chairman of the International Board for Certification of Group Psychotherapists added “As the standard setting body in the field of group psychotherapy, the Certification Board commends this insightful and essential publication, as it enforces the criteria for the certification of professional qualifications in the field of group psychotherapy.”

The authors are respected clinicians and trainers with extensive experience in group psychotherapy.

Francis J. Kaklauskas, PsyD, CGP, FAGPA, has worked extensively as a group clinician in a wide variety of settings. He leads the Existential/Humanistic doctorate program at Saybrook University, and teaches

group psychotherapy at the University of Colorado and Naropa University. He has published widely on the pragmatic integration of theory and research into actual clinical practice.

Les R. Greene, PhD, CGP, DLFAGPA, is a past president and Distinguished Fellow of the American Group Psychotherapy Association. He has served as editor of the *International Journal of Group Psychotherapy*. He is on the clinical faculty of Yale University School of Medicine and the staff of the VA Connecticut Healthcare system where he teaches and supervises group, couples and individual psychotherapy.

You can purchase this curriculum at: <https://www.routledge.com/Core-Principles-of-Group-Psychotherapy-An-Integrated-Theory-Research/Kaklauskas-Greene/p/book/9780367203092>. For more information on this publication and training opportunities, please contact Angela Stephens, CAE, at 877-668-AGPA (2472) or via e-mail at astephens@agpa.org.

About AGPA

The American Group Psychotherapy Association (AGPA) is the foremost professional association dedicated to the field of group psychotherapy, operating through a tri-partite structure: AGPA, a professional and educational organization; the Group Foundation for Advancing Mental Health, its philanthropic arm; and the International Board for Certification of Group Psychotherapists, a standard setting and certifying body. AGPA represents over 2,000 mental health professional members including psychologists, psychiatrists, and social workers, as well as mental health, family, and pastoral counselors, many of whom have been recognized as specialists through the Certified Group Psychotherapist credential. Its members are experienced mental health professionals who lead psychotherapy groups and various non-clinical groups. Many are organizational specialists who work with businesses, not-for-profit organizations, communities and other "natural" groups to help them improve their functioning. The association also has 21 local and regional societies located across the country.

About the International Board for Certification of Group Psychotherapists

The International Board for Certification of Group Psychotherapists is a standard setting and certifying body. This multidisciplinary credentialing body has over 1,500 certified clinicians, including psychiatrists, psychologists, social workers, nurses, clinical mental health counselors, marriage and family therapists, pastoral counselors and creative arts therapists who are recognized as group specialists through the Certified Group Psychotherapist credential.

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