



AMERICAN GROUP  
PSYCHOTHERAPY ASSOCIATION  
GROUP FOUNDATION  
FOR ADVANCING MENTAL HEALTH  
INTERNATIONAL BOARD FOR  
CERTIFICATION OF GROUP  
PSYCHOTHERAPISTS

25 East 21st Street  
Sixth Floor  
New York  
New York 10010  
877.668.AGPA (2472)  
[www.agpa.org](http://www.agpa.org)

---

Media Contact:

Diane C. Feirman, CAE  
877-668-AGPA (2472)  
[dfeirman@agpa.org](mailto:dfeirman@agpa.org)

---

FOR IMMEDIATE RELEASE

**GROUP FOUNDATION FOR ADVANCING MENTAL HEALTH ANNOUNCES  
AVAILABILITY OF RESEARCH GRANTS TO SUPPORT CLINICAL RESEARCH REVIEWS  
THAT DEMONSTRATE THE EFFECTIVENESS OF GROUP PSYCHOTHERAPY**

**NEW YORK, October 12, 2019**— The Group Foundation for Advancing Mental Health announced that funds are available to support original critical research reviews, either qualitative or quantitative (particularly meta-analyses), that focus on some selected area of group psychotherapy.

More specifically, the Group Foundation is interested in reviews of studies of:

- Treatment outcome either for selected clinical issues (e.g., depression) or cost effectiveness
- Specific process-outcome relationships (such as the association between interpretative work and outcome)
- Specific group formats and approaches (such as psychoeducational groups for stress management)
- Individual differences that impact group treatment (such as race/class/gender or member attachment)
- Comparisons of group therapy to other forms of treatment

This call for papers is a new direction for the Foundation's research program in order to maximize the impact of the research in the field. Grants of up to \$5,000 may be awarded, depending upon the significance and quality of the proposal to the field, the experience of the investigative team and the number of grant applications received.

"The Group Foundation is dedicated to supporting the advancement of research in group psychotherapy," said Karen S. Travis, LCSW, BCD, CGP, FAGPA, Chairwoman of the Group Foundation. "As part of this mission, we are pleased to be able to support research that demonstrates the effectiveness of group therapy for a variety of patient populations and diagnoses."

The deadline for receipt of grant applications is **November 1, 2019**. Online submission is required; the application and other relevant information may be found at <https://www.agpa.org/foundation/research-grants>. For more information, please contact Diane Feirman, CAE, at (212) 477-2677 or via e-mail at [dfeirman@agpa.org](mailto:dfeirman@agpa.org).

---

*About AGPA and the Group Foundation*

The American Group Psychotherapy Association (AGPA) is the foremost professional association dedicated to the field of group psychotherapy, operating through a tri-partite structure: AGPA, a professional and educational

organization; the Group Foundation for Advancing Mental Health, its philanthropic arm; and the International Board for Certification of Group Psychotherapists, a standard setting and certifying body. AGPA represents over 2,000 mental health professional members including psychologists, psychiatrists, and social workers, as well as mental health, family, and pastoral counselors, many of whom have been recognized as specialists through the Certified Group Psychotherapist credential. Its members are experienced mental health professionals who lead psychotherapy groups and various non-clinical groups. Many are organizational specialists who work with businesses, not-for-profit organizations, communities and other "natural" groups to help them improve their functioning. The association also has 21 local and regional societies located across the country.

AGPA is committed to supporting the dignity and psychological safety of every individual without discrimination regarding race, ethnicity, gender, religion, sex, age, or disability. Central to our mission is a belief in the power of groups to treat mental illness, heal the scars from traumatic events, and enhance the well-being of adults and children in their families, schools, corporate settings, and communities.

The Group Foundation for Advancing Mental Health is a philanthropic organization that is committed to the fact that "Groups Change Lives" and believes in the power of group interventions to improve people's quality of life. The Group Foundation supports group psychotherapy education, research, training, and information dissemination for the benefit of the public and professional communities. Among the Foundation's most vital roles is the recognition of excellence, promise, and vision by honoring those individuals and groups who have demonstrated these qualities with awards and scholarships.

# # #