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FOR IMMEDIATE RELEASE

**AGPA ANNOUNCES PLENARY EVENTS AT UPCOMING AGPA CONNECT
TO BE LIVE STREAMED
FEBRUARY 26 -MARCH 2, 2024**

NEW YORK, February 20, 2024 – The American Group Psychotherapy Association announced that plenary sessions at its upcoming group therapy training week, AGPA Connect, will be livestreamed and recorded. Keeping in line with the meeting's theme, "Turbulent Times: Using Groups to Overcome Divisions and Foster Engagement," these plenary sessions offer a broad range of education and information connecting group therapy and dynamics to societal issues. Their availability via live stream increases access for those unable to attend in person.

Events being streamed are as follows:

Institute Opening Plenary – Tuesday, February 27, 8:00 - 9:00 AM (Eastern)
AGPA Institutes as Adventures in Learning Group Psychotherapy
Nina Brown, EdD, LPC, NCC, AGPA-DLF

Conference Opening Plenary – Thursday, February 29, 8:15 - 9:30 AM (Eastern)
Social Connection as an Underappreciated Determinant of Health and Wellbeing
Julianne Holt-Lunstad, PhD

Anne & Ramon Alonso Presidential Plenary - Friday, March 1, 8:15 - 9:30 AM (Eastern)
This is Your Pilot Speaking. Buckle Your Seatbelts: We Expect Turbulence Ahead
Lorraine Wodiska, PhD, FABPP, CGP, AGPA-F

Mitchell Hochberg Memorial Public Education Event - Saturday, March 2, 8:15 - 9:15 AM (Eastern)
Inclusion's Imperative: Understanding the Root Causes of Health Inequities and their Antidotes
Cynthia de las Fuentes, PhD

"Group psychotherapy is increasingly playing a key role in the delivery of mental health services," said Gary Burlingame, PhD, CGP, AGPA-DF. "The content in these plenaries underscores its role in addressing quality treatment delivery and access to insure societal well-being."

The plenaries can be registered for individually or as a package through the [AGPA Store](#). They are a highlight of AGPA Connect 2024 in National Harbor. Entitled “Turbulent Times: Using Groups to Overcome Divisions and Foster Engagement” this meeting attracts group therapists, researchers and scientists of all disciplines from around the world, as they gather to learn the most effective techniques in working with a variety of populations in groups, an increasingly utilized modality due to its effectiveness and cost-effectiveness. The theme reflects the meeting’s emphasis on the power of groups to effect change in meaningful ways on personal and societal levels. For more information, contact AGPA at (212) 297-2190 or visit www.agpa.org. EDITOR’S NOTE: Media are invited to attend the Plenaries as well as other select sessions of AGPA Connect 2024. To register, please send an e-mail request to dfeirman@agpa.org or call (212) 297-2190.

About AGPA

The American Group Psychotherapy Association (AGPA) is the foremost professional association dedicated to the field of group psychotherapy, operating through a tri-partite structure: AGPA, a professional and educational organization; the Group Foundation for Advancing Mental Health, its philanthropic arm; and the International Board for Certification of Group Psychotherapists, a standard setting and certifying body. AGPA represents over 2,000 mental health professional members including psychologists, psychiatrists, and social workers, as well as mental health, family, and pastoral counselors, many of whom have been recognized as specialists through the Certified Group Psychotherapist credential. Its members are experienced mental health professionals who lead psychotherapy groups and various non-clinical groups. Many are organizational specialists who work with businesses, not-for-profit organizations, communities and other "natural" groups to help them improve their functioning. The association also has 21 local and regional societies located across the country.

AGPA is committed to supporting the dignity and psychological safety of every individual without discrimination regarding race, ethnicity, gender, religion, sex, age, or disability. Central to our mission is a belief in the power of groups to treat mental illness, heal the scars from traumatic events, and enhance the well-being of adults and children in their families, schools, corporate settings, and communities.

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