



AMERICAN GROUP  
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## FOR IMMEDIATE RELEASE

### AGPA RELEASES TWO NEW BOOKS IN THE *GROUP THERAPY TRAINING AND PRACTICE SERIES* ON DIVERSITY DYNAMICS IN GROUP AND GROUP TREATMENT FOR TRAUMA

**NEW YORK, February 25, 2025** – The American Group Psychotherapy Association (AGPA) announced the publication of two new books in its seminal *Group Therapy Training and Practice Series*.

- *Addressing Diversity Dynamics in Group Therapy: Clinical and Training Applications* illustrates group dynamics and group interventions in response to diversity-related content and processes in group therapy. It is edited by Alexis Abernethy, PhD, CGP, AGPA-F. More information can be found [here](#) where you can also order the book.
- *Advances in Group Therapy Trauma Treatment* contains compelling theoretical, clinical, and research advances in group trauma therapy by leading experts in the field. It is edited by Leonardo Leiderman, PsyD, ABPP, FAACP, CGP, AGPA-F, and Bonnie Buchele, PhD, ABPP, CGP, AGPA-DF. More information can be found [here](#) where you can also order the book.

Both are important and timely resources that belong in every group practitioner's repertoire. They are produced in collaboration with Taylor and Francis as part of the AGPA *Group Therapy Training and Practice Series*. The series' mission is to produce the highest quality publications to aid the practitioner and student in improving their knowledge, professional competence, and skills with current and new developments in methods, practice, theory, and research, in the group psychotherapy field. You can browse the full series' offerings [here](#). AGPA members receive a 35% discount on Taylor & Francis publications.

"Providing the highest quality group psychotherapy education and resources is integral to the mission of AGPA," said Lorraine Wodiska, PhD, ABPP, CGP, AGPA-F, AGPA President. "These training manuals are valuable resources for group psychotherapists, establishing and advancing group standards of professional practice, ethics and education."

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### ***About AGPA***

The American Group Psychotherapy Association (AGPA) is the foremost professional association dedicated to the field of group psychotherapy, operating through a multi-organizational structure: AGPA, a professional and educational organization; the Group Foundation for Advancing Mental Health, a philanthropic arm; the

International Board for Certification of Group Psychotherapists, a standard setting and certifying body; and the Affiliate Societies Assembly representing 21 local and regional affiliate societies providing continuing education, consultation, and support for group therapists across the country. AGPA represents over 2,000 mental health professional members, including clinical psychologists, clinical social workers, and psychiatrists, as well as mental health, family, school, and pastoral counselors, many of whom have been recognized as specialists through the International Board for Certification of Group Psychotherapists. AGPA members are experienced licensed mental health professionals who lead psychotherapy groups and/or various non-clinical groups. Many members are organizational specialists who work within the corporate world, non-for-profit organizations, and other groups to help them improve their functioning and delivery of services.

AGPA is committed to supporting the dignity and psychological safety of every individual without discrimination regarding race, ethnicity, gender, religion, sexual orientation, age, or disability. Central to our mission is a belief in the power of groups to treat mental illness, heal the scars from traumatic events, and enhance the well-being of adults and children in their families, schools, corporate settings, and communities.

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