



AMERICAN GROUP  
PSYCHOTHERAPY ASSOCIATION  
GROUP FOUNDATION  
FOR ADVANCING MENTAL HEALTH  
INTERNATIONAL BOARD FOR  
CERTIFICATION OF GROUP  
PSYCHOTHERAPISTS

212.297.2190  
TF: 877.668.AGPA (2472)  
E: [info@agpa.org](mailto:info@agpa.org)  
[www.agpa.org](http://www.agpa.org)

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Media Contact:  
Diane C. Feirman, CAE  
(212) 297-2190  
[dfeirman@agpa.org](mailto:dfeirman@agpa.org)

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FOR IMMEDIATE RELEASE

AGPA ANNOUNCES PLENARY EVENTS AT UPCOMING AGPA CONNECT  
TO BE LIVE STREAMED  
MARCH 2-7, 2026

**NEW YORK, March 1, 2026** – The American Group Psychotherapy Association announced that plenary sessions at its upcoming group therapy training week, AGPA Connect, will be livestreamed and recorded. Keeping in line with the meeting’s theme, *Group Life: Holding Space For Deeper Connection in Complex Times* these plenary sessions offer a broad range of education and information connecting group therapy and dynamics to societal issues. Their availability via live stream increases access for those unable to attend in person.

Events being streamed are as follows:

**Sally B. Henry Institute Opening Plenary – Tuesday, March 3, 8:00 - 9:00 AM (Eastern)**  
**Showing Up as a Transformative Act: The Wish to be Known**  
Joseph Shay, PhD, CGP, AGPA-LF

**Conference Opening Plenary – Thursday, March 5, 8:15 - 9:30 AM (Eastern)**  
**Re-Thinking Youth Mental Health in the Digital Age: Fostering Community, Equity, and Co-Created Wellness – Danielle Hairston, MD**

**Anne & Ramon Alonso Presidential Plenary - Friday, March 6, 8:15 - 9:30 AM (Eastern)**  
**Belonging and the Power of Group in Stressful Times – Leonardo Leiderman, PsyD, ABPP, FAACP, CGP, AGPA-F**

**Mitchell Hochberg Memorial Public Education Event - Saturday, March 7, 8:15 - 9:15 AM (Eastern)**  
**The Body is not an Apology – Sonya Renee Taylor**

“Group psychotherapy is increasingly playing a key role in the delivery of mental health services,” said Lorraine Wodiska, PhD, ABPP-F, CGP, AGPA-F. “The content in these plenaries underscores its role in addressing quality treatment delivery and access to insure societal well-being.”

The plenaries can be registered for individually or as a package through [TO BE INSERTED]. They are a highlight of AGPA Connect 2026 in New York City. Entitled “*Group Life: Holding Space For Deeper Connection in Complex Times*” this meeting attracts 1,000 group therapists, researchers, and scientists from around the world. Group therapists of all disciplines gather to learn the most effective techniques in working with a variety of populations in groups, an increasingly utilized modality due to its effectiveness and cost-effectiveness.

For more information, contact AGPA at (212) 297-2190 or visit [www.agpa.org](http://www.agpa.org).

EDITOR’S NOTE: Media are invited to attend select sessions of AGPA Connect 2026. To register, please send an e-mail request to [dfairman@agpa.org](mailto:dfairman@agpa.org) or call (212) 297-2190.

## About AGPA

The American Group Psychotherapy Association (AGPA) is the foremost professional association dedicated to the field of group psychotherapy, operating through a multi-organizational structure: AGPA, a professional and educational organization; the Group Foundation for Advancing Mental Health, a philanthropic arm; the International Board for Certification of Group Psychotherapists, a standard setting and certifying body; and the Affiliate Societies Assembly representing 20 local and regional affiliate societies providing continuing education, consultation, and support for group therapists across the country. AGPA represents over 2,000 mental health professional members, including clinical psychologists, clinical social workers, and psychiatrists, as well as mental health, family, school, and pastoral counselors, many of whom have been recognized as specialists through the International Board for Certification of Group Psychotherapists. AGPA members are experienced licensed mental health professionals who lead psychotherapy groups and/or various non-clinical groups. Many members are organizational specialists who work within the corporate world, non-for-profit organizations, and other groups to help them improve their functioning and delivery of services.

AGPA is committed to supporting the dignity and psychological safety of every individual without discrimination regarding race, ethnicity, gender, religion, sex, age, or disability. Central to our mission is a belief in the power of groups to treat mental illness, heal the scars from traumatic events, and enhance the well-being of adults and children in their families, schools, corporate settings, and communities.

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