



AMERICAN GROUP  
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FOR ADVANCING MENTAL HEALTH  
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FOR IMMEDIATE RELEASE

AGPA RELEASES NEW BOOK IN THE *GROUP THERAPY TRAINING AND PRACTICE SERIES ON SUPERVISION OF GROUP PSYCHOTHERAPY*

NEW YORK, February 26, 2026 – The American Group Psychotherapy Association (AGPA) announced the publication of a new book in its seminal *Group Therapy Training and Practice Series*, **Supervision of Group Psychotherapy: A Training Manual**.

This manual, edited by Michelle A. Collins-Greene, PhD, ABGP, CGP, AGPA-F, Maria T. Riva, PhD, and Noelle L. Lefforge, PhD, ABPP, CGP, AGPA-F, is a new essential resource for training supervisors of group psychotherapy. It provides updated general standards and guidelines for supervising group therapy, including those that are unique to various training sites such as private practice, hospitals, mental health agencies, and academic training centers, across disciplines such as social work, counseling, psychology, and psychiatry. The manual includes historical perspectives and foundations, research, theory, ethics, and applied knowledge of group psychotherapy supervision. Filled with concepts considered core knowledge for any group supervisor-in-training, this manual provides the gold standard for group therapy supervision.

More information can be found [here](#) where you can also order the book. It is produced in collaboration with Taylor and Francis as part of the AGPA *Group Therapy Training and Practice Series*. The series' mission is to produce the highest quality publications to aid the practitioner and student in improving their knowledge, professional competence, and skills with current and new developments in methods, practice, theory, and research, in the group psychotherapy field. You can browse the full series' offerings [here](#). AGPA members receive a 35% discount on Taylor & Francis publications.

“Providing the highest quality group psychotherapy education and resources is integral to the mission of AGPA,” said Lorraine Wodiska, PhD, ABPP, CGP, AGPA-F, AGPA President. “Supervision of group therapy is an essential component in insuring quality of practice and this training manual is a valuable resource for group psychotherapists who take on this role.”

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***About AGPA***

The American Group Psychotherapy Association (AGPA) is the foremost professional association dedicated to the field of group psychotherapy, operating through a multi-organizational structure: AGPA, a professional and educational organization; the Group Foundation for Advancing Mental Health, a philanthropic arm; the

International Board for Certification of Group Psychotherapists, a standard setting and certifying body; and the Affiliate Societies Assembly representing 21 local and regional affiliate societies providing continuing education, consultation, and support for group therapists across the country. AGPA represents over 2,000 mental health professional members, including clinical psychologists, clinical social workers, and psychiatrists, as well as mental health, family, school, and pastoral counselors, many of whom have been recognized as specialists through the International Board for Certification of Group Psychotherapists. AGPA members are experienced licensed mental health professionals who lead psychotherapy groups and/or various non-clinical groups. Many members are organizational specialists who work within the corporate world, non-for-profit organizations, and other groups to help them improve their functioning and delivery of services.

AGPA is committed to supporting the dignity and psychological safety of every individual without discrimination regarding race, ethnicity, gender, religion, sexual orientation, age, or disability. Central to our mission is a belief in the power of groups to treat mental illness, heal the scars from traumatic events, and enhance the well-being of adults and children in their families, schools, corporate settings, and communities.

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